

List of All Chemicals

P Curcuma longa (Zingiberaceae)

Common name(s)

Turmeric; Indian Saffron

How used

Food

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Chemical	Part	Low PPM	High PPM	StdDev	*Reference
	All parts ...				
(+)-(S)-AR-TURMERONE	Rhizome	--	--		*
(+)-ALPHA-PHELLANDRENE	Root	--	--		*
(+)-ALPHA-PHELLANDRENE	Root Essent. Oil	--	--		*
(+)-ALPHA-PHELLANDRENE	Rhizome Essent. Oil	--	--		*
(+)-AR-TURMERONE	Rhizome	--	--		*
(+)-SABINENE	Root	--	--		*
(+)-SABINENE	Rhizome Essent. Oil	--	--		*
1,5-BIS-(4-HYDROXY-3-METHOXY-PHENYL)-PENTA-TRANS-1-TRANS-4-DIEN-3-ONE	Rhizome	--	27.0		*
1,5-BIS-(4-HYDROXY-3-METHOXYPHENYL)-1,4-PENTADIEN-3-ONE	Rhizome	--	--		*
Activities (2)					
Antialzheimeran 0.5-10 ug/ml					
Anti amyloid-Beta 0.5-10 ug/ml					
1,7-BIS-(4-HYDROXY-3-METHOXYPHENYL)-1,4,6-HEPTATRIEN-3-ONE	Rhizome	--	--		*
Activities (2)					
Antialzheimeran 0.5-10 ug/ml					
Anti amyloid-Beta 0.5-10 ug/ml					
1,7-BIS-(4-HYDROXY-PHENYL)-HEPTA-1,4,6-TRIENE-3-ONE	Rhizome	--	3.0		*
1,7-BIS-(4-HYDROXYPHENYL)-1-HEPTENE-3,5-DIONE	Rhizome	--	--		*
Activities (2)					
Antialzheimeran 0.5-10 ug/ml					
Anti amyloid-Beta 0.5-10 ug/ml					
1,8-CINEOLE	Leaf	--	330.0	-0.49	*
Activities (67)					
(-)-Chronotropic 87 nl/ml	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.				
(-)-Inotropic 87 nl/ml	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.				
Acaricide LC100=6 uM					
Allelopathic					
Allergenic					
Anesthetic					
Anthelmintic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Antiacetylcholinesterase IC50=41 ug/ml					

Antiallergic	J. Food Hyg. Soc. Jap. 33(6): 569.
Antibacterial 50 ppm	
Antibronchitic	
Anticariogenic	
Anticatarrh	Martindale's 29th
Anticholinesterase IC50=50-70	
Antifatigue	
Antihalitosis	American Health, 12(4): 17, 1993.
Antiinflammatory	
Antilaryngitic	
Antinociceptive	
Antipharyngitic	
Antiplateau	
Antirheumatic	
Antirhinitic	
Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antisinusitic	
Antispasmodic	
Antistaphylococcic 50 ppm	
Antitussive	
Antiulcer	
CNS-Stimulant	
Candidicide	
Carcinogenic	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Choleretic	
Convulsant	
Counterirritant	Martindale's 29th
Cytochrome-P450- Inducer	
Decongestant	
Degranulant 0.3 ul/ml	
Dentifrice	Martindale's 29th
Edemagenic inj	
Expectorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
FLAVOR FEMA 1-200	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Gastroprotective	
Gram(+)-icide	
Gram(-)-icide	
Hepatotonic	
Herbicide IC50=78 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Hypotensive	
Inflammatory inj	
Insectifuge	
Irritant	Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.
Myorelaxant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Neurotoxic	
P450-Inducer	
Pediculicide 2.3 x pyrethrin	
Perfume	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Rubefacient	Martindale's 29th
Secretogogue	
Sedative	
Spasmogenic	
Surfactant	
Testosterone- Hydroxylase-Inducer	
Transdermal	
Trichomonicide LD100=1,000 ug/ml	

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Antinociceptive	
Antipharyngitic	
Antiplaque	
Antirheumatic	
Antirhinitic	
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Gram(+)icide	
Gram(-)icide	
Hepatotoxic	
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Spasmogenic	
Surfactant	
Testosterone-Hydroxylase-Inducer	
Transdermal	
Trichomonicide LD100=1,000 ug/ml	

1-(4-HYDROXY-3-METHOXY-PHENYL)-5-(4-HYDROXY-PHENYL)-PENTA-TRANS-1-TRANS-4-DIEN-3-ONE	Rhizome	--	13.0	*
1-(4-HYDROXY-3-METHOXY-PHENYL)-7-(3,4-DIHYDROXY-PHENYL)-HEPTA-1,6-DIENE-3,5-DIONE	Rhizome	--	4.0	*
1-HYDROXY-1,7-BIS-(4-HYDROXY-3-METHOXYPHENYL)-6-HEPTENE-3,5-DIONE	Plant	--	--	*

Activities (2)				
Antialzheimeran 0.5-10 ug/ml				
Anti amyloid-Beta 0.5-10 ug/ml				

2,5-DIHYDROXY-BISABOLA-3,10-DIENE	Rhizome	--	3.0	*
2-BORNANOL	Plant	--	--	J.S. Glasby Dict.Pls Containing 2ndary Metabolite. 1991.
2-HYDROXY-METHYL-ANTHRAQUINONE	Rhizome	--	--	*

Activities (2)				
Antileukemic ED50=2.6 ug/ml				
Cytotoxic				
Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				

4''-(3''-METHOXY-4''-HYDROXYPHENYL)-2''-OXO-3''-ENEBUTANYL-3-(3''-METHOXY-4''-HYDROXYPHENYL)-PROPENOATE	Rhizome	--	--	*
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Activities (2)				
Antialzheimeran 0.5-10 ug/ml				
Anti amyloid-Beta 0.5-10 ug/ml				

4(S)-5(S)-EPOXY-GERMACRONE	Rhizome	--	--	*
4-HYDROXY-BISABOLA-2,10-DIEN-9-ONE	Rhizome	--	5.1	*
4-HYDROXY-CINNAMOYL-(FERULOYL)-METHANE	Rhizome	--	180.0	*
4-HYDROXY-CINNAMOYL-METHANE	Rhizome	--	--	*
4-HYDROXY-FERULOXYL-METHANE	Rhizome	--	--	*
5'-METHOXY-CURCUMIN	Rhizome	--	20.0	*

5-HYDROXY-4-METHOXY-BISABOLA-2,10-DIEN-9-ONE	Rhizome	--	0.3		*
5-HYDROXY-PROCURCUMENOL	Rhizome	--	0.6		*
ALPHA-ATLANTONE	Root	--	--		*
ALPHA-ATLANTONE	Rhizome	--	--		Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
ALPHA-CURCUMENE	Rhizome	--	--		*

Activities (3)

Antiinflammatory
Antitumor
Hypotriglyceridemic

ALPHA-PHELLANDRENE	Rhizome	--	1945.0	1.0	*
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Activities (11)

Antibacterial Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.

Antistaphylococcic Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.

Dermal Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Emetic

FLavor FEMA 10-130 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Fungicide Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.

Insectiphile Pakistan Encyclopedia Planta Medica. 1986.

Irritant Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Laxative

Perfumery Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Pesticide

ALPHA-PHELLANDRENE	Leaf	--	2325.0	1.33	*
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FLavor FEMA 10-130 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Fungicide Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.

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Pesticide

ALPHA-PINENE	Leaf	60.0	1440.0	-0.13	*
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Activities (28)

Allelochemic	
Allergenic	
Antiacne	
Antibacterial	
Antifeedant	
Antiflu	Economic & Medicinal Plant Research, 5: 195.
Antiinflammatory 500 mg/kg	
Antipneumonic	
Antiseptic	
Antispasmodic	
Antistaphylococcic	
Antiviral	Economic & Medicinal Plant Research, 5: 195.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Coleoptophile	
Expectorant	Michael Castleman 1991. The Healing Herbs. Rodale Press, Emmaus, PA 436 pp.
FLavor FEMA 15-150	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Herbicide IC50=30 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insecticide 0.82 uM/fly	
Insectifuge 50 ppm	
Insectiphile	J. Stored. Prod. Res., 22:141, 1986.
Irritant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
P450-2B1-Inhibitor IC50=0.087 uM	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Sedative	Lawrence Review of Natural Products, Jun-90.
Spasmogenic	
Tranquilizer	Lawrence Review of Natural Products, Jun-90.
Transdermal	

ALPHA-PINENE

Essential Oil

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5300.0

-0.51

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Activities (28)

Allelochemic	
Allergenic	
Antiacne	
Antibacterial	
Antifeedant	
Antiflu	Economic & Medicinal Plant Research, 5: 195.
Antiinflammatory 500 mg/kg	
Antipneumonic	
Antiseptic	
Antispasmodic	
Antistaphylococcic	
Antiviral	Economic & Medicinal Plant Research, 5: 195.
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Pesticide	
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ALPHA-PINENE

Tuber

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Allergenic	
Antiacne	
Antibacterial	
Antifeedant	
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Pesticide	
Sedative	Lawrence Review of Natural Products, Jun-90.
Spasmogenic	
Tranquilizer	Lawrence Review of Natural Products, Jun-90.
Transdermal	

ALPHA-TERPINENE

Rhizome

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23.0

-1.0

*

Activities (13)

ACE-Inhibitor 100 ug/ml (weak activity)

Acaricide

Aldose-Reductase-Inhibitor 100 ug/ml

Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.

Antiacetylcholinesterase IC50=1.0 mM

Antinitrosaminic

Antispasmodic

FLavor FEMA 1-40

Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry

Insecticide 0.86 uM/fly

Insectifuge

P450-2B1-Inhibitor IC50=0.76 uM

Perfumery

Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry

Pesticide

Spasmogenic

ALPHA-TERPINENE

Leaf

--

37.0

-0.29

*

Activities (13)

ACE-Inhibitor 100 ug/ml (weak activity)

Acaricide

Aldose-Reductase-Inhibitor 100 ug/ml

Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.

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Antinitrosaminic

Antispasmodic

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Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry

Insecticide 0.86 uM/fly

Insectifuge

P450-2B1-Inhibitor IC50=0.76 uM

Perfumery

Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry

Pesticide

Spasmogenic

ALPHA-TERPINEOL

Rhizome

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Activities (23)

ACE-Inhibitor 100 ug/ml (weak activity)	
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
Allelopathic	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Antiacne	
Antibacterial MIC=800-1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Anticariogenic MIC=800-1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Antiinflammatory	
Antiproliferant	
Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Cicatrizant ED50=240 ug/g mus	
FLavor FEMA 5-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insecticide 1.29 uM/fly	
Interleukin-6-Inhibitor	
Mosquitofuge > Deet	
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	
Sedative	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Termiticide IC100=5 mg/g	
Transdermal	
Vulnerary ED50=240 ug/g mus	

ALPHA-TOCOPHEROL

Root

11.0

18.0

-0.09

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Activities (32)

Antialzheimeran	
Antianginal	
Antiarthritic	
Antiasthmatic	
Antiatherosclerotic	Soumyanath, A. Ed. 2006. Traditional Medicines for Modern Times - Antidiabetic Plants. CRC Press, Taylor & Francis Group. Boca Raton, FL. 314 pp.
Anticancer	
Anticataract	
Anticonvulsant Synergen	
Antidementia	
Antidiabetic	Soumyanath, A. Ed. 2006. Traditional Medicines for Modern Times - Antidiabetic Plants. CRC Press, Taylor & Francis Group. Boca Raton, FL. 314 pp.
Antiinfarctal	Soumyanath, A. Ed. 2006. Traditional Medicines for Modern Times - Antidiabetic Plants. CRC Press, Taylor & Francis Group. Boca Raton, FL. 314 pp.
Antiinfertility	
Antiischemic	
Antimaculitic	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antineuropathic	
Antioxidant 5 x quercetin	
Antioxidant IC34=10 uM	
Antiparkinsonian	
Antiradicular 5 x quercetin	
Antiretinotic	
Antirheumatic	
Antistroke	
Antitumor	
Antitumor (Bladder)	
Antitumor (Prostate)	
Antitumor (Stomach)	
Antitumor-Promoter	
Cancer-Preventive	
Cardioprotective	
Circulotonic	
Immunomodulator	

ALPHA-TURMERONE Rhizome -- 3.7 *

AR-TURMERONE Rhizome 183800.0 596870.0 *

Essent. Oil

Activities (13)

AntiNKC	
Antialzheimeran IC50=3.2-5.6 ug/ml	
Anticancer IC50=3.2-5.6 ug/ml	
Antihemorrhagic	
Antiinflammatory IC50=3.2-5.6 ug/ml	
Antilymphocytic	Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.
Antiophidic	
Antiproliferant	
Antitumor	
COX-2-Inhibitor IC50=5.6 ug/ml	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Pesticide	
iNOS-Inhibitor IC50=3.2 ug/ml	

AR-TURMERONE Root -- -- *

Activities (13)

AntiNKC	
Antialzheimeran IC50=3.2-5.6 ug/ml	
Anticancer IC50=3.2-5.6 ug/ml	
Antihemorrhagic	
Antiinflammatory IC50=3.2-5.6 ug/ml	
Antilymphocytic	Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.
Antiophidic	
Antiproliferant	
Antitumor	
COX-2-Inhibitor IC50=5.6 ug/ml	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Pesticide	
iNOS-Inhibitor IC50=3.2 ug/ml	

AR-TURMERONE

Rhizome 740.0 5800.0 *

Activities (13)

AntiNKC	
Antialzheimeran IC50=3.2-5.6 ug/ml	
Anticancer IC50=3.2-5.6 ug/ml	
Antihemorrhagic	
Antiinflammatory IC50=3.2-5.6 ug/ml	
Antilymphocytic	Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.
Antiophidic	
Antiproliferant	
Antitumor	
COX-2-Inhibitor IC50=5.6 ug/ml	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Pesticide	
iNOS-Inhibitor IC50=3.2 ug/ml	

ARABINOSE

Rhizome -- 10000.0 Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.

ASCORBIC-ACID

Rhizome -- 293.0 -0.34 CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses

Activities (112)

Acidulant FEMA 6,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Aldose-Reductase-Inhibitor	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Analgesic 5-10 g/day	
Angiotensin-Receptor-Blocker	
AntiAGE 2,000 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
AntiCFS 500-1,000 mg	
AntiCTS 1,000 mg 3x/day	
AntiCrohn's 50-100 mg/day/orl/man	Martindale's 29th
AntiLyme 500-2,000 mg	
AntiRaynaud's 500 mg 1-2x/day	
Antiaggregant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiaging 400 mg/day	
Antiallergic	
Antialzheimeran 2,000-6,000 mg/day	
Antiarthritic 0.2-1 g/day	
Antiasthmatic 1,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiatherosclerotic	
Antibacterial	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticataract 350 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticataract 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Anticataract 1 g 3x/day	
Anticervicaldysplasic 1,000-2,000 mg/day	

Anticlimacteric 500-5,000 mg/day	
Anticold 1-2 g/man/day	
Antidecubic 500 mg/man/2x/day	Martindale's 28th
Antidementia	
Antidepressant 2,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidiabetic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidote (Aluminum)	Economic & Medicinal Plant Research, 6: 189.
Antidote (Cadmium)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Paraquat)	Martindale's 28th
Antieczemic 3.5-5 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiedemic 1 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiencephalitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiendometriotic 2,000 mg/day	
Antifatigue 500-1,000 mg	
Antifibrotic 1,000-2,000 mg	
Antigallstone 1,000-3,000 mg/day	
Antigastritic	
Antigingivitic	
Antiglaucomic 2 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihangover 1,000 mg	
Antihemorrhagic 1 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihepatitic 2-6 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihepatotoxic	Economic & Medicinal Plant Research, 6: 189.
Antiherpetic 1-5 g/day	
Antihistaminic 2 g/day orl man	
Antihypertensive	
Antiinfertility 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinflammatory	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antileptic 1.5 g/man/day	Martindale's 28th
Antilithic 1,000-3,000 mg/day	
Antimaculitic	
Antimeasles	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimenopausal 500-5,000 mg/day	
Antimigraine	Martindale's 29th
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antineuramidase	
Antinitrosic 1 g/man/day	Martindale's 28th
Antioesity 1 g 3x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiorchitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiosteoarthritic 1 g 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiosteoporotic 500 mg/day	
Antioxidant 100 ppm	
Antiparkinsonian 1 g 2-3x/day	
Antiparotitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiperiodontitic 1 g 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipneumonic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antipodriac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antipoliomyelitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antipyretic	Economic & Medicinal Plant Research, 6: 189.
Antiradicular	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiretinotic	
Antirheumatic	
Antirhinitic 1,000 mg 3x/day	
Antiscorbutic 10 mg/man/day	Martindale's 28th
Antiseptic MIC=3.3-217 mg/ml	Martindale's 28th
Antiseptic 4-8 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antishingles	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antispasmodic 500-5,000 mg/day	
Antistress 500-1,000 mg	
Antisyndrome-X 1-4 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95

Antitumor (Gastric)	
Antitumor (Lung)	
Antiulcer	
Antiviral 1-5 g/day	
Apoptotic 1-10 mM	
Asthma-preventive 1,000 mg/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Beta-Adrenergic Receptor Blocker	
Beta-Glucuronidase-Inhibitor 1.5 g/day/man	
Calcium-Antagonist	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Cold-preventive 1-2 g/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Collagenic	
Detoxicant	
Diuretic 700 mg/man/orl	
Fistula-Preventive	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Hypocholesterolemic 300-1,000 mg/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Hypoglycemic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypotensive 1,000 mg/man/day	
Immunomodulator	
Immunostimulant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Interferonogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Lithogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Mucolytic 1 g/woman/day	Martindale's 28th
Pesticide	
Uricosuric 4 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Urinary-Acidulant	Martindale's 29th
Vasodilator	
Vulnerary	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

ASCORBIC-ACID

Plant

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Activities (112)

Acidulant FEMA 6,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Aldose-Reductase-Inhibitor	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Analgesic 5-10 g/day	
Angiotensin-Receptor-Blocker	
AntiAGE 2,000 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
AntiCFS 500-1,000 mg	
AntiCTS 1,000 mg 3x/day	
AntiCrohn's 50-100 mg/day/orl/man	Martindale's 29th
AntiLyme 500-2,000 mg	
AntiRaynaud's 500 mg 1-2x/day	
Antiaggregant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiaging 400 mg/day	
Antiallergic	
Antialzheimeran 2,000-6,000 mg/day	
Antiarthritic 0.2-1 g/day	
Antiasthmatic 1,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiatherosclerotic	
Antibacterial	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticataract 350 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticataract 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Anticataract 1 g 3x/day	
Anticervicaldysplasic 1,000-2,000 mg/day	
Anticlimacteric 500-5,000 mg/day	
Anticold 1-2 g/man/day	
Antidecubic 500 mg/man/2x/day	Martindale's 28th

Antidementia	
Antidepressant 2,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidiabetic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidote (Aluminum)	Economic & Medicinal Plant Research, 6: 189.
Antidote (Cadmium)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Paraquat)	Martindale's 28th
Antieczemic 3.5-5 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiedemic 1 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiencephalitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiendometriotic 2,000 mg/day	
Antifatigue 500-1,000 mg	
Antifibrotic 1,000-2,000 mg	
Antigallstone 1,000-3,000 mg/day	
Antigastritic	
Antigingivitic	
Antiglaucomic 2 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihangover 1,000 mg	
Antihemorrhagic 1 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihepatitic 2-6 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihepatotoxic	Economic & Medicinal Plant Research, 6: 189.
Antiherpetic 1-5 g/day	
Antihistaminic 2 g/day orl man	
Antihypertensive	
Antiinfertility 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinflammatory	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antileptic 1.5 g/man/day	Martindale's 28th
Antilithic 1,000-3,000 mg/day	
Antimaculitic	
Antimeasles	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimenopausal 500-5,000 mg/day	
Antimigraine	Martindale's 29th
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antineuramidase	
Antinitrosic 1 g/man/day	Martindale's 28th
Antioesity 1 g 3x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiorchitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiosteoarthritic 1 g 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiosteoporotic 500 mg/day	
Antioxidant 100 ppm	
Antiparkinsonian 1 g 2-3x/day	
Antiparotitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiperodontitic 1 g 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipneumonic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antipodriac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antipoliomyelitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antipyretic	Economic & Medicinal Plant Research, 6: 189.
Antiradicular	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiretinotic	
Antirheumatic	
Antirhinitic 1,000 mg 3x/day	
Antiscorbutic 10 mg/man/day	Martindale's 28th
Antiseptic MIC=3.3-217 mg/ml	Martindale's 28th
Antiseptic 4-8 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antishingles	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antispasmodic 500-5,000 mg/day	
Antistress 500-1,000 mg	
Antisyndrome-X 1-4 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitumor (Gastric)	
Antitumor (Lung)	
Antilucer	

Antiviral 1-5 g/day	
Apoptotic 1-10 mM	
Asthma-preventive 1,000 mg/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Beta-Adrenergic Receptor Blocker	
Beta-Glucuronidase-Inhibitor 1.5 g/day/man	
Calcium-Antagonist	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Cold-preventive 1-2 g/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Collagenic	
Detoxicant	
Diuretic 700 mg/man/orl	
Fistula-Preventive	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Hypocholesterolemic 300-1,000 mg/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Hypoglycemic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypotensive 1,000 mg/man/day	
Immunomodulator	
Immunostimulant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Interferonogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Lithogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Mucolytic 1 g/woman/day	Martindale's 28th
Pesticide	
Uricosuric 4 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Urinary-Acidulant	Martindale's 29th
Vasodilator	
Vulnerary	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

ASH	Rhizome	9000.0	148000.0	0.82	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
ASH	Plant	9920.0	32000.0	-1.61	*
AZULENE	Rhizome	--	--		*

Activities (10)	
Antiallergic	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Antibacterial 500 ppm	Valnet, J. 1982. The Practice of Aromatherapy. Translated from the 1980 French Edition by Robin Campbell and Libby Houston. Destiny Books, New York. 279 pp.
Antihistaminic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Antiinflammatory	Pakistan Encyclopedia Planta Medica. 1986.
Antipyretic	HerbalGram No. 20, page 40.
Antiseptic 6-500	Valnet, J. 1982. The Practice of Aromatherapy. Translated from the 1980 French Edition by Robin Campbell and Libby Houston. Destiny Books, New York. 279 pp.
Antispasmodic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Antiulcer ED50=150 (orl)	
Hepatoregenerative	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Pesticide	

BETA-BISABOLENE	Rhizome	--	--		*
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Activities (6)	
Abortifacient	
Antirhinoviral IC50=1,800?	Denyer, C.V., Jackson, P., Loakes, D.M., Ellis, M.R., and Yound, D.A.B. Isolation of Antirhinoviral Sesquiterpenes From Ginger (Zingiber officinale). Journal of Natural Products, 57(5): 658-662, 1994.
Antiulcer IC57=100 mg/kg	Yamahara, J., et al. Stomachic principles in ginger. II. Pungent and anti-ulcer effects of low polar constituents isolated from ginger, the dried rhizoma of... Yakugaku Zasshi 112: 645-655 (1992).
Antiviral IC50=1,800?	Denyer, C.V., Jackson, P., Loakes, D.M., Ellis, M.R., and Yound, D.A.B. Isolation of Antirhinoviral Sesquiterpenes From Ginger (Zingiber officinale). Journal of Natural Products, 57(5): 658-662, 1994.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Stomachic	

BETA-CAROTENE	Plant	6.0	18.0	-0.63	*
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Activities (53)

Allergenic	
Androgenic?	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
AntiPMS	
Antiacne	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiaging	
Antiarthritic	
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Anticarcinomic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticervicaldysplasic	
Anticoronary 50 mg/man/2 days	
Antihyperkeratotic	
Antiichthyotic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antileukoplakic	
Antilipoperoxidant IC71=50 ug/ml	
Antilupus 150 mg/man/day/2 mos	Martindale's 28th
Antimaculitic	
Antimastitic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antioxidant	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiozenic	
Antipapillomic	
Antiphotophobic 30-300 mg/man/day	Martindale's 29th
Antipityriasic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiporphyrhic 30-300 mg/man/day	Martindale's 28th
Antiproliferant	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antipsoriac	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiradicular	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antirheumatic	
Antistress	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antitumor	Simon, P.W. Carrots and Other Horticultural Crops as a Source of Provitamin A Carotenes. HortScience, 25(12): 1495, 1990.
Antitumor (Breast) IC45=60 ug/ml	
Antitumor (CNS) IC43=45 ug/ml	
Antitumor (Colon) IC43=45 ug/ml	
Antitumor (Lung) IC30=60 ug/ml	
Antitumor (Prostate)	
Antitumor (Stomach) IC26=45 ug/ml	
Antiulcer 12 mg 3x/day/man/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiulcer 15,000-25,000 IU/day	
Antixerophthalmic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
COX-1-Inhibitor IC78=50 ug/ml	
COX-2-Inhibitor IC82=50 ug/ml	
Cancer-Preventive 22 ppm	Jim Duke's personal files.
Chemopreventive	
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Gastroprotective	
Immunostimulant 180 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Interferon-Synergist	
Mucogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Phagocytotic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Prooxidant 20 ug/g	
Thymoprotective	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

BETA-CAROTENE	Rhizome	--	--	-0.75	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
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Activities (13)					
Allergenic					
Antiinflammatory					
Antiseptic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.				
Antispasmodic					
Candidicide					
FLavor FEMA 15-600	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Herbicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.				
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Pesticide					
Spasmogenic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.				
Transdermal					

BETA-PINENE Rhizome -- -- *

Activities (13)					
Allergenic					
Antiinflammatory					
Antiseptic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.				
Antispasmodic					
Candidicide					
FLavor FEMA 15-600	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Herbicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.				
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Pesticide					
Spasmogenic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.				
Transdermal					

BETA-PINENE Tuber -- -- *

Activities (13)					
Allergenic					
Antiinflammatory					
Antiseptic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.				
Antispasmodic					
Candidicide					
FLavor FEMA 15-600	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Herbicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.				
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Pesticide					
Spasmogenic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.				
Transdermal					

BETA-PINENE Rhizome -- 2700.0 -0.05 *
Essent. Oil

Activities (47)

Androgenic	
Angiogenic	
Anorexic	Martindale's 28th
Antiadenomic	Merck 11th Edition
Antiandrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antibacterial	Recently became <i>Internat. J. Crude Drug Res.</i> 28(1,2,3,4):1990, page 155.
Anticancer (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Anticancer (Cervix)	
Anticancer (Lung)	
Antiedemic IC54=320 mg/kg orl	
Antiestrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antifeedant	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Antifertility	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antigonadotrophic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antihyperlipoproteinaemic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antiinflammatory	
Antileukemic	
Antilymphomic	
Antimutagenic 250 ug/ml	
Antiophidic 2.3 mg mus	<i>Economic & Medicinal Plant Research</i> , 5: 363.
Antioxidant IC44=10 uM	
Antiprogestational	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antiprostaglandin 30 mg/day/12 wks	
Antiprostataadenomic	Merck 11th Edition
Antiprostatic 10-20 mg 3 x/day/orl man	
Antipyretic	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Antitumor (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Antitumor (Cervix)	
Antitumor (Lung)	
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in <i>Artemisia annua</i> . <i>Plant Science</i> , 75: 161-165, 1991.
Apoptotic	
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, c., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of <i>Melodorum fruticosum</i> . <i>Phytochemistry</i> . 29(5): 1667-1670. 1990.
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Recently became <i>Internat. J. Crude Drug Res.</i> 28(1,2,3,4):1990, page 155.
Caspase-8-Inducer	
Estrogenic	
Febrifuge	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Gonadotrophic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Hepatoprotective	
Hypocholesterolemic 2-6 g/man/day/orl	Martindale's 30th
Hypocholesterolemic 9-3,330 mg/man/day/orl	Martindale's 28th
Hypoglycemic	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. <i>Journal of Ethnopharmacology</i> , 27: 243-275, 1989.
Hypolipidemic 2-6 g/day	
Pesticide	
Spermicide	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Ulcerogenic 500 mg/kg ipr rat	

BETA-SITOSTEROL

Rhizome

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Activities (47)

Androgenic	
Angiogenic	
Anorexic	Martindale's 28th
Antiadenomic	Merck 11th Edition
Antiandrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Antibacterial	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.
Anticancer (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from Vaccinium myrtillus (Bilberry) Fruits and Cell Cultures. Plant Sci., 131(1): 95-103.
Anticancer (Cervix)	
Anticancer (Lung)	
Antiedemic IC54=320 mg/kg orl	
Antiestrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Antifertility	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Antigonadotrophic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Antihyperlipoproteinaemic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiinflammatory	
Antileukemic	
Antilymphomic	
Antimutagenic 250 ug/ml	
Antiophidic 2.3 mg mus	Economic & Medicinal Plant Research, 5: 363.
Antioxidant IC44=10 uM	
Antiprogestational	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Antiprostaglandin 30 mg/day/12 wks	
Antiprostataadenomic	Merck 11th Edition
Antiprostatic 10-20 mg 3 x/day/orl man	
Antipyretic	Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp.
Antitumor (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from Vaccinium myrtillus (Bilberry) Fruits and Cell Cultures. Plant Sci., 131(1): 95-103.
Antitumor (Cervix)	
Antitumor (Lung)	
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in Artemisia annua. Plant Science, 75: 161-165, 1991.
Apoptotic	
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, c., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of Melodorum fruticosum. Phytochemistry. 29(5): 1667-1670. 1990.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.
Caspase-8-Inducer	
Estrogenic	
Febrifuge	Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp.
Gonadotrophic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Hepatoprotective	
Hypocholesterolemic 2-6 g/man/day/orl	Martindale's 30th
Hypocholesterolemic 9-3,330 mg/man/day/orl	Martindale's 28th
Hypoglycemic	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. Journal of Ethnopharmacology, 27: 243-275, 1989.
Hypolipidemic 2-6 g/day	
Pesticide	
Spermicide	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Ulcerogenic 500 mg/kg ipr rat	

BETA-TURMERONE

Rhizome

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Activities (5)

Antialzheimeran IC50=1.6-4.6 ug/ml
Anticancer IC50=1.6-4.6 ug/ml
Antiinflammatory IC50=1.6-4.6 ug/ml
COX-2-Inhibitor IC50=1.6 ug/ml
iNOS-Inhibitor IC50=4.6 ug/ml

BIS-(4-HYDROXY-CINNAMOYL)-METHANE

Plant

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Activities (1)				
Antiinflammatory				
BIS-(4-HYDROXY-CINNAMOYL)-METHANE	Rhizome	--	--	*

Activities (1)				
Antiinflammatory				
BIS-(P-HYDROXY-CINNAMOYL)-METHANE	Rhizome	--	1360.0	*
BIS-(PARA-HYDROXY-CINNAMOYL)-METHANE	Rhizome	--	1360.0	*
BIS-DEMETHOXYCURCUMIN	Root	--	400.0	*

Activities (16)				
Antiaflatoxin IC50=103 uM				
Antileishmanic IC50=21.5 ug/ml				
Antilipoperoxidant #NAME?				
Antimutagenic				
Antinitrosating				
Antioxidant #NAME?				
Antipapillomic				
Antitumor-Promoter <curcumin				
DNA-Protective <curcumin				
NO-Scavenger				
Nematicide				
Plasmodicide IC50=3 ug/ml				
Quinone-Reductase- Inducer 11.9 uM	Singletery, K., et al. 1998. Effect of the Beta-Diketones Diferoloylmethane (Curcumin) and Dibenzoylmethane on Rat Mammary DNA Adducts and Tumors Induced by 7,12-dimethylbenz(A)anthracene. Carcinogenesis, 19(6): 1039-1043.			
Sortase-A-Inhibitor IC50=30-33 ug/ml				
Topoisomerase-I- Inhibitor 25 ug/ml				
Topoisomerase-II- Inhibitor 25 ug/ml				
BIS-DEMETHOXYCURCUMIN	Plant	--	--	*

Activities (16)				
Antiaflatoxin IC50=103 uM				
Antileishmanic IC50=21.5 ug/ml				
Antilipoperoxidant #NAME?				
Antimutagenic				
Antinitrosating				
Antioxidant #NAME?				
Antipapillomic				
Antitumor-Promoter <curcumin				
DNA-Protective <curcumin				
NO-Scavenger				
Nematicide				
Plasmodicide IC50=3 ug/ml				
Quinone-Reductase- Inducer 11.9 uM	Singletery, K., et al. 1998. Effect of the Beta-Diketones Diferoloylmethane (Curcumin) and Dibenzoylmethane on Rat Mammary DNA Adducts and Tumors Induced by 7,12-dimethylbenz(A)anthracene. Carcinogenesis, 19(6): 1039-1043.			
Sortase-A-Inhibitor IC50=30-33 ug/ml				
Topoisomerase-I- Inhibitor 25 ug/ml				
Topoisomerase-II- Inhibitor 25 ug/ml				
BIS-DEMETHOXYCURCUMIN	Rhizome	6.6	16200.0	*

Activities (16)

- Antiaflatoxin
IC50=103 uM
- Antileishmanic
IC50=21.5 ug/ml
- Antilipoperoxidant
#NAME?
- Antimutagenic
- Antinitrosating
- Antioxidant #NAME?
- Antipapillomic
- Antitumor-Promoter
<curcumin
- DNA-Protective
<curcumin
- NO-Scavenger
- Nematicide
- Plasmodicide IC50=3
ug/ml
- Quinone-Reductase-
Inducer 11.9 uM Singletary, K., et al. 1998. Effect of the Beta-Diketones Diferoloylmethane (Curcumin) and Dibenzoylmethane on Rat Mammary DNA Adducts and Tumors Induced by 7,12-dimethylbenz(A)anthracene. Carcinogenesis, 19(6): 1039-1043.
- Sortase-A-Inhibitor
IC50=30-33 ug/ml
- Topoisomerase-I-
Inhibitor 25 ug/ml
- Topoisomerase-II-
Inhibitor 25 ug/ml

BIS-DESMETHOXYCURCUMIN Rhizome 67.0 28000.0 1.0 *

Activities (5)

- Antialzheimeran 0.5-
10 ug/ml
- Anti amyloid-Beta 0.5-
10 ug/ml
- Antiangiogenic
- Anticholeretic HerbalGram No. 17.
- Antiinflammatory Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.

BISABOLA-3,10-DIEN-2-ONE Rhizome -- 13.5 *

BISABOLENE Root -- -- *

BISACUMOL Rhizome -- 2.0 *

BISACURONE Rhizome -- 9.0 *

BORNEOL Rhizome -- -- *

Activities (35)

(-)-Chronotropic 29 ug/ml	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
(-)-Inotropic 29 ug/ml	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Allelochemic	
Analgesic	
Antiacetylcholine	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Antibacterial MIC=125-250 ug/ml	
Antibronchitic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiescherichic MIC=125 ug/ml	
Antifeedant	
Antiinflammatory	
Antiotitic	
Antipyretic	
Antisalmonella MIC=125 ug/ml	
Antispasmodic ED50=0.008 mg/ml	
Antistaphylococcic MIC=250 ug/ml	
Antiyeast MIC=250 ug/ml	
CNS-Stimulant	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
CNS-Toxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Candidicidic MIC=250 ug/ml	
Choleretic	
FLavor FEMA<1	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Fungicide	
Hepatoprotective	
Herbicide IC50=470 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Herbicide IC50=470 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Inhalant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Insect-Repellent	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.
Myorelaxant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	
Sedative	Medline (post 1990 searches filed in my computer)
Tranquilizer	

BORNEOL

Root

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Antiaging	
Antiatherogenic	
Antibacterial	
Anticancer	
Anticarcinogenic	Economic & Medicinal Plant Research, 6: 189.
Antidepressant	
Antiedemic	Economic & Medicinal Plant Research, 6: 189.
Antielastase IC50=93 um/l	
Antielastase IC50=86 ug/ml (475 uM)	
Antiescherichic	
Antiflu	Economic & Medicinal Plant Research, 5: 207.
Antigonadotropic	Jim Duke's personal files.
Antihemolytic 25 uM	Ohnishi, M., Morishita, H., Iwahashi, H., Toda, S., Shirataki, Y., Kimura, M., and Kido, R. 1993. Inhibitory Effects of Chlorogenic Acids on Linoleic Acid Peroxidation and Haemolysis. <i>Phytochemistry</i> . 36(3): 579-583. 1994.
Antihepatoadenomic 200 ppm diet orl mus	
Antihepatotoxic	
Antiherpetic 50 ug/ml	
Antiherpetic EC50=>50 ug/ml	
Antihistaminic	
Antihypercholesterolemic	Economic & Medicinal Plant Research, 6: 189.
Antihyperthyroid	
Antiinflammatory	
Antileukemic	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antileukotriene	
Antimelanogenic	
Antimutagenic	Ki Soon Rhee. Oilseed Food Ingredients Used To Minimize Oxidative Flavor Deterioration in Meat Products. <i>Phenolic Compounds in Food and Their Effects on Health</i> , Ch.18.
Antinitrosaminic	Ki Soon Rhee. Oilseed Food Ingredients Used To Minimize Oxidative Flavor Deterioration in Meat Products. <i>Phenolic Compounds in Food and Their Effects on Health</i> , Ch.18.
Antiphidic	
Antioxidant 50 uM	
Antioxidant IC57=30 ppm	
Antioxidant 1/3 quercetin	
Antioxidant 30 mM	
Antioxidant 1.3 x Vit. E	
Antioxidant 1/2 BHA	
Antiperoxidant IC50=44 uM	<i>Planta Medica</i> , 57: A54, 1991.
Antiperoxidant IC35=200 ug/ml	
Antiperoxidant IC85=100 ug/ml	
Antiproliferant	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antiprostaglandin	
Antiradicular 10 uM	Ohnishi, M., Morishita, H., Iwahashi, H., Toda, S., Shirataki, Y., Kimura, M., and Kido, R. 1993. Inhibitory Effects of Chlorogenic Acids on Linoleic Acid Peroxidation and Haemolysis. <i>Phytochemistry</i> . 36(3): 579-583. 1994.
Antiradicular 1/3 quercetin	
Antiradicular 30 mM	
Antiradicular IC50=32-35 uM	
Antiseptic	
Antispasmodic EC50=3.4-15 uM	<i>Phytotherapy Research</i> , 4: 73.
Antistaphylococcic	
Antistomatitic	Economic & Medicinal Plant Research, 5: 207.
Antisunburn	
Antithiamin	<i>Phenolic Compounds in Food and Their Effects on Health</i> , 69.
Antithyroid	Jim Duke's personal files.
Antitumor 200 ppm diet orl mus	
Antitumor (Skin)	
Antitumor-Promoter IC42=10 uM	<i>Cancer Research</i> , 48: 5941.
Antiulcerogenic	
Antivaccinia	Economic & Medicinal Plant Research, 5: 207.
Antiviral IC50=62.5 ug/ml	
Anxiolytic	
CNS-Active	Wichtl, M. 1984. <i>Teedrogen. Ein Handbuch fur Apotheker und Arzte</i> . Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
COX-2-Inhibitor IC32=100 uM	
Calcium-Antagonist IC50=1.2 uM rbt	
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Carcinogenic 2% (diet)	

Chemopreventive	
Cholagogue	Wichtl, M. 1984. Teedrogen. Ein Handbuch für Apotheker und Ärzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Choleretic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Clastogenic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Co-carcinogenic	
Collagen-Sparing	
Cytoprotective	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Cytotoxic TC50=200 ug/ml	
DNA-Active	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
DNA-Protective	
Diuretic	Wichtl, M. 1984. Teedrogen. Ein Handbuch für Apotheker und Ärzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Fungicide MIC=0.4 mg/ml	
Hepatocarcinogenic 400 ppm diet orl mus (in the absence of alcohol)	
Hepatoprotective	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 210.
Hepatotropic	
Histamine-Inhibitor	
Immunostimulant	
Insectifuge	Tunon, H., Thorsell, W., and Bohlin, L. 1993. Mosquito Repelling Activity of Compounds Occurring in Achillea millefolium L. (Asteraceae). Economic Botany 48(2): 111-120, 1994.
Leukotriene-Inhibitor	
Lipoxygenase-Inhibitor IC27=5 mM	Ozmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. J. Agric. Food Chem. 38: 688-690.
Lipoxygenase-Inhibitor IC50=62-148 uM	
Lyase-Inhibitor IC50=94-164 uM	
Metal-Chelator	McEvily, A.J., Iyengar, R., and Gross, A.T. Inhibition of Polyphenol Oxidase by Phenolic Compounds. Phenolic Compounds in Food and Their Effects on Health, Ch.25.
Ornithine-Decarboxylase-Inhibitor	Hagerman, A.E. Tannin-Protein Interactions. Phenolic Compounds in Food and Their Effects on Health, Ch.19.
Pesticide	
Prooxidant	
Prostaglandigenic	
Sedative 500 mg	
Sunscreen IC50=2.5 mg/l	Lazarova*, G., Kostova, I., Neychev, H. 1992. Photodynamic damage prevention by some hydroxycoumarins. Fitoterapia 64(2): 134-136, 1993.
Sunscreen IC91=5 mg/l	Lazarova*, G., Kostova, I., Neychev, H. 1992. Photodynamic damage prevention by some hydroxycoumarins. Fitoterapia 64(2): 134-136, 1993.
Sunscreen IC98=25 mg/l	Lazarova*, G., Kostova, I., Neychev, H. 1992. Photodynamic damage prevention by some hydroxycoumarins. Fitoterapia 64(2): 134-136, 1993.
Tumorigenic	Jim Duke's personal files.
Vulnerary	
Xanthine-Oxidase-Inhibitor IC50=39.21 uM	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livinston, Edinburgh.

CALCIUM	Rhizome	270.0	2898.0	-0.88	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
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Activities (28)

AntiPMS 1 g/day	
Antiallergic 500 mg/day	
Antianxiety	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiarrhythmic 500-1,500 mg	
Antiarthritic 1,000 mg/day	
Antiatherosclerotic 500 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticlimacteric 1,000-1,500 mg/day	
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Aluminum)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihyperkinetic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihypertensive	
Antiinsomniac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimenopausal 1,000-1,500 mg/day	
Antiobesity	
Antiosteoporotic 500-2,000 mg/day	
Antiperiodontitic 750 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antirheumatic 1,000 mg/day	
Antistress 500-1,500 mg/day	
Antitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anxiolytic 500-1,500 mg/day	
Calcium-Channel-Blocker	
Diuretic	
Hypocholesterolemic 500 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Hypotensive 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Laxative 1,000-1,200 mg	
Tranquilizer 500-1,500 mg/day	
Vasodilator	

CALCIUM

Plant 226.0 730.0 -1.38 *

Activities (28)

AntiPMS 1 g/day	
Antiallergic 500 mg/day	
Antianxiety	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiarrhythmic 500-1,500 mg	
Antiarthritic 1,000 mg/day	
Antiatherosclerotic 500 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticlimacteric 1,000-1,500 mg/day	
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Aluminum)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihyperkinetic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihypertensive	
Antiinsomniac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimenopausal 1,000-1,500 mg/day	
Antiobesity	
Antiosteoporotic 500-2,000 mg/day	
Antiperiodontitic 750 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antirheumatic 1,000 mg/day	
Antistress 500-1,500 mg/day	
Antitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anxiolytic 500-1,500 mg/day	
Calcium-Channel-Blocker	
Diuretic	
Hypocholesterolemic 500 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Hypotensive 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Laxative 1,000-1,200 mg	
Tranquilizer 500-1,500 mg/day	
Vasodilator	

CALEBIN-A

Rhizome -- -- *

Activities (3)					
Antialzheimeran	0.5-10 ug/ml				
Antiamyloid-Beta	0.5-10 ug/ml				
Neuroprotective	0.5-10 ug/ml				

CAMPESTEROL	Rhizome	--	--		*
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Activities (2)					
Antioxidant	IC37=10 uM				
Hypocholesterolemic	Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.				

CAMPESTEROL	Root	--	90.0	-0.45	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
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Activities (2)					
Antioxidant	IC37=10 uM				
Hypocholesterolemic	Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.				

CAMPHENE	Rhizome	--	--		*
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Activities (9)					
Allelopathic	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.				
Antilithic?	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Antioxidant	Jim Duke's personal files.				
Expectorant	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.				
FLavor FEMA 15-175	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry				
Hypocholesterolemic?	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Pesticide					
Spasmogenic	Fitoterapia No.59-1984.				

CAMPHENE	Tuber	--	--		*
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Activities (9)					
Allelopathic	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.				
Antilithic?	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Antioxidant	Jim Duke's personal files.				
Expectorant	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.				
FLavor FEMA 15-175	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry				
Hypocholesterolemic?	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Pesticide					
Spasmogenic	Fitoterapia No.59-1984.				

CAMPHOR	Rhizome Essent. Oil	--	600.0	-1.0	*
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Activities (41)

Allelopathic	
Analgesic	
Anesthetic	
Antiacne	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.
Antidiarrheic 500 ug/ml	Wealth of India.
Antidysenteric 500 ug/ml	Wealth of India.
Antiemetic 100-200 mg man orl	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Antifeedant IC50=5,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Antifibrositic	Martindale's 28th
Antineuralgic	Martindale's 28th
Antipruritic	Merck 11th Edition
Antiseptic	Merck 11th Edition
Antispasmodic ED50=0.075 mg/ml	Fitoterapia No.59-1984.
CNS-Stimulant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Carminative	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Convulsant	R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That: The Essential Pharmacology of Herbs and Spices. <i>Tips</i> 13:15-20 Huxtable, R.J. 1992b. The Myth of Benificent Nature. The Risk of Herbal Preparations. <i>Anns. Intern. Med.</i> 117(2):165-6; Huxtable, R.
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Counterirritant	Martindale's 28th
Decongestant	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.
Deliriant	Merck 11th Edition
Ecbolic	
Emetic	
Epileptogenic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Expectorant	Martindale's 29th
Fungicide ED50=2.7 mM	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds</i> . (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Herbicide IC50=3.3-180 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Insect-Repellent	
Insectifuge	
Irritant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Occuloirritant	
P450-2B1-Inhibitor IC50=7.89 uM	
Pesticide	
Respirainhibitor	Merck 11th Edition
Respirastimulant	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Rubefacient	
Stimulant	R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That: The Essential Pharmacology of Herbs and Spices. <i>Tips</i> 13:15-20 Huxtable, R.J. 1992b. The Myth of Benificent Nature. The Risk of Herbal Preparations. <i>Anns. Intern. Med.</i> 117(2):165-6; Huxtable, R.
Transdermal	
Verrucolytic	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.
Vibriocide 500 ug/ml	Wealth of India.

CAMPHOR

Tuber

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Activities (41)

Allelopathic	
Analgesic	
Anesthetic	
Antiacne	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Antidiarrheic 500 ug/ml	Wealth of India.
Antidysenteric 500 ug/ml	Wealth of India.
Antiemetic 100-200 mg man orl	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antifeedant IC50=5,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Antifibrositic	Martindale's 28th
Antineuralgic	Martindale's 28th
Antipruritic	Merck 11th Edition
Antiseptic	Merck 11th Edition
Antispasmodic ED50=0.075 mg/ml	Fitoterapia No.59-1984.
CNS-Stimulant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Carminative	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Convulsant	R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That:The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benficient Nature. The Risk of Herbal Preparations. Anns. Intern. Med. 117(2):165-6; Huxtable, R.
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Counterirritant	Martindale's 28th
Decongestant	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Deliriant	Merck 11th Edition
Ecbolic	
Emetic	
Epileptigenic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Expectorant	Martindale's 29th
Fungicide ED50=2.7 mM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Herbicide IC50=3.3-180 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Insect-Repellent	
Insectifuge	
Irritant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Occuloirritant	
P450-2B1-Inhibitor IC50=7.89 uM	
Pesticide	
Respirainhibitor	Merck 11th Edition
Respirastimulant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Rubefacient	
Stimulant	R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That:The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benficient Nature. The Risk of Herbal Preparations. Anns. Intern. Med. 117(2):165-6; Huxtable, R.
Transdermal	
Verrucolytic	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Vibriocide 500 ug/ml	Wealth of India.

CAPRYLIC-ACID

Rhizome

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Activities (5)

Antiseptic
Candidicide 300 mg/man/12 x/day
Fungicide
Irritant
Pesticide

CAR-3-ENE

Leaf

29.0

41.0

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CARBOHYDRATES

Rhizome

79000.0

829000.0 0.72

CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses

Activities (31)

Aldose-Reductase-Inhibitor

Allergenic

Analgesic Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.

Antiacne

Antiasthmatic Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

Antibacterial

Anticariogenic Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.

Antidermatitic

Antiedemic Shimizu,*M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhucema' (Lavandula latifolia Vill.)2). Chem. Pharm. Bull. 38(8): 2283-2284, 1990.

Antifeedant 500 Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp. ppm

Antiinflammatory Shimizu,*M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhucema' (Lavandula latifolia Vill.)2). Chem. Pharm. Bull. 38(8): 2283-2284, 1990. IC50=100 uM

Antileishmanic

Antionychotic Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.

Antiproliferant

Antispasmodic

Antistaphylococcic

Antistreptococcic

Antitumor Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove (Eugenia caryophyllata) As Potential Anticarcinogenic Agents. Journal of Natural Products 55(7): 999-1003, 1992.

Antiulcer Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.

Candidicide

FLavor FEMA 20-200 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Fungicide

Gastroprotective Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.

Insectifuge

Irritant Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

Larvicide

Mosquitocide

Perfumery Merck 11th Edition

Pesticide

Sedative

Termitifuge Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

Activities (31)

Aldose-Reductase-Inhibitor	
Allergenic	
Analgesic	Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.
Antiacne	
Antiasthmatic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antibacterial	
Anticariogenic MIC=>1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Antidermatitic	
Antiedemic	Shimizu,*M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhucema' (Lavandula latifolia Vill.)2). Chem. Pharm. Bull. 38(8): 2283-2284, 1990.
Antifeedant 500 ppm	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Antiinflammatory IC50=100 uM	Shimizu,*M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhucema' (Lavandula latifolia Vill.)2). Chem. Pharm. Bull. 38(8): 2283-2284, 1990.
Antileishmanic	
Antionychotic	Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.
Antiproliferant	
Antispasmodic	
Antistaphylococcic	
Antistreptococcic	
Antitumor	Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove (Eugenia caryophyllata) As Potential Anticarcinogenic Agents. Journal of Natural Products 55(7): 999-1003, 1992.
Antiulcer	Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.
Candidicide	
FLavor FEMA 20-200	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Gastroprotective	Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.
Insectifuge	
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Larvicide	
Mosquitocide	
Perfumery	Merck 11th Edition
Pesticide	
Sedative	
Termitifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

CARYOPHYLLENE

Tuber

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Activities (31)

Aldose-Reductase-Inhibitor	
Allergenic	
Analgesic	Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.
Antiacne	
Antiasthmatic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antibacterial	
Anticariogenic MIC=>1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Antidermatitic	
Antiedemic	Shimizu,*M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhucema' (Lavandula latifolia Vill.)2). Chem. Pharm. Bull. 38(8): 2283-2284, 1990.
Antifeedant 500 ppm	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Antiinflammatory IC50=100 uM	Shimizu,*M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhucema' (Lavandula latifolia Vill.)2). Chem. Pharm. Bull. 38(8): 2283-2284, 1990.
Antileishmanic	
Antionychotic	Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.
Antiproliferant	
Antispasmodic	
Antistaphylococcic	
Antistreptococcic	
Antitumor	Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove (Eugenia caryophyllata) As Potential Anticarcinogenic Agents. Journal of Natural Products 55(7): 999-1003, 1992.
Antiulcer	Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.
Candidicide	
FLavor FEMA 20-200	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Gastroprotective	Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.
Insectifuge	
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Larvicide	
Mosquitocide	
Perfumery	Merck 11th Edition
Pesticide	
Sedative	
Termitifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

CHOLESTEROL Rhizome -- -- *

Activities (1)

Antioxidant IC43=10 uM

CHROMIUM Plant 0.2 0.6 -0.81 *

Activities (24)

Amphiglycemic?	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
AntiAGE 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
AntiCFS 200 ug	
Antiacne	
Antiaging 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiatherosclerotic 20 ug/day	
Anticorneotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidiabetic 200-1,000 ug	
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antifatigue 200 ug	
Antiglycosuric 200-1,000 ug	
Antiobesity 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antisyndrome-X 200-800 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitriglyceride 20 ug/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antitriglyceride 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Cardioprotective	
Energizer	
Hypocholesterolemic 20 ug/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Hypocholesterolemic 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypoglycemic 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypotensive 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Immunomodulator	
Insulinogenic	
Memorigenic	

CINEOL	Rhizome	--	29200.0	*
	Essent. Oil			
CINEOL	Rhizome	--	--	*
CINEOL	Tuber	--	--	*
CINEOLE	Essential Oil	--	29200.0	*
CINNAMIC-ACID	Rhizome	--	--	*

Activities (18)

Aldose-Reductase-Inhibitor 4 ug/ml (weak activity)	Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. Sankyo Kenkyusho Nempo, 43: 99-110.
Allergenic	
Anesthetic	
Antibacterial	Martindale's 28th
Antiinflammatory	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antispasmodic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Choleretic	
Dermatitigenic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
FLavor FEMA 4-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Herbicide	
Laxative	
Lipoxygenase-Inhibitor	
Pesticide	
Tyrosinase-Inhibitor ID50=700 uM	
Vermifuge	

COBALT	Plant	0.5	1.5	-0.43	*
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Activities (2)					
Cardiomyopathogenic					Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Erythrocytogenic					Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
COBALT	Rhizome	--	1.0	-1.0	*
Activities (2)					
Cardiomyopathogenic					Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Erythrocytogenic					Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
COPPER	Rhizome	6.0	17.0	1.45	*
Activities (12)					
Antianemic					
Antiarthritic					
Antidiabetic 2-4 mg/day					Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antifatigue					
Antiinflammatory					Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antinociceptive					Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiosteoporotic					
Cardioprotective					
Contraceptive					Martindale's 28th
Hypocholesterolemic					Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Immunomodulator					
Schizophrenigenic					Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
CUMINYL-ALCOHOL	Rhizome	--	--		*
CURCUMENE	Essential Oil	--	121700.0		*
CURCUMENE	Rhizome Essent. Oil	--	121700.0		*
CURCUMENE	Rhizome	--	--		*
CURCUMENE	Tuber	--	--		*
CURCUMENOL	Rhizome Essent. Oil	--	21300.0		*
Activities (3)					
Anticancer					Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antitumor					Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Emetic					Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
CURCUMENOL	Essential Oil	--	21300.0		*
Activities (3)					
Anticancer					Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antitumor					Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Emetic					Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
CURCUMENOL	Rhizome	--	65.0		*
Activities (3)					
Anticancer					Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antitumor					Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Emetic					Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
CURCUMENONE	Rhizome	--	26.0		*
CURCUMIN	Rhizome	9.0	56000.0	1.4	*
Activities (135)					
12-Lipoxygenase-Inhibitor					
5-Alpha-Reductase-Inhibitor					
5-HETE-Inhibitor IC50=3-10 uM					
5-Lipoxygenase-Inhibitor					
8-HETE-Inhibitor IC40=3 uM					

AntiCrohn's	
AntiEBV IC50=5.4 uM	
AntiHIV IC50=40 uM	
Antiadenomacarcinogenic 50-200 mg/kg ipr rat	
Antiaflatoxin IC50=81 uM	
Antiaggregant	
Antialzheimeran 0.5-10 ug/ml	
Antiamyloid-Beta 0.5-10 ug/ml	
Antiangiogenic	
Antiarachidonate	
Antiarthritic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiasthmatic	
Antiatherosclerotic 0.4-20 mg/kg/day	
Antibacterial	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Antibronchitic	
Anticancer	
Anticancer (Breast)	
Anticancer (Colon)	
Anticancer (Duodenum)	
Anticancer (Mammary) 50-200 mg/kg ipr rat	
Anticancer (Skin)	
Anticancer (Stomach)	
Anticarcinogenic	
Anticataract 75 mg/kg orl rat	
Anticholecystotic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticolitic	
Anticollagenic	
Antieczemic	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Antiedemic ED50=100.2 mg/kg orl mus (cf 78 for cortisone)	
Antiedemic ED50=48 mg/kg orl rat (cf 45 for cortisone)	
Antiedemic ED50=48 mg/kg orl rat (cf 48 for phenylbutazone)	
Antieicosanoid	
Antihepatotic	
Antiinflammatory 1,200 mg/man/day	
Antiinflammatory 1 uM	
Antiintegrase 40-150 uM	
Antischematic	
Antileishmanic IC50=7.8 ug/ml	
Antileukemic	
Antileukotriene 170 mg/kg orl rat	
Antilipoperoxidant	
Antilithic 0.5% diet	
Antilymphomic 0.4 mg/ml	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Antilymphomic 4 ug/ml	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livinston, Edinburgh.
Antimelanomic 200 nM/kg orl mus	
Antimetastatic 200 nM/kg orl mus	
Antimutagenic	
Antinitrosaminic	
Antioxidant 1/3 BHA	
Antioxidant IC50=500 uM	
Antipapillomic	
Antiperoxidant	
Antiproliferant IC50=13 uM	
Antiprostaglandin 8.8 uM	
Antipsoriatic	
Antispasmodic	=ICMR(Indian Council of Medical Research).1976.Medicinal Plants of India.Vol.1.Indian Council of Med. Res.Cambridge Printing Works, New Delhi.487 pp;ICMR.1987.Medicinal Plants of India.Vol.2.Indian Council of Med. Res.Cambr. Printing Works,New Delhi.600pp
Antithrombotic	
Antithromboxane	
Antitumor	
Antitumor (Colon)	
Antitumor (Liver) 10 uM	

Antitumor-Promoter IC91=10 uM	
Antiulcer orl rat	
Antiviral IC50=5.4 uM	
Apoptotic 150-2,000 ppm (diet) orl rat	
Apoptotic 30-90 uM	
COX-2-Inhibitor 10-20 uM	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardiodepressant	=ICMR(Indian Council of Medical Research).1976.Medicinal Plants of India.Vol.1.Indian Council of Med. Res.Cambridge Printing Works, New Delhi.487 pp;ICMR.1987.Medicinal Plants of India.Vol.2.Indian Council of Med. Res.Cambr. Printing Works,New Delhi.600pp
Chelator IC50=500 uM	
Chelator Iron	
Chemopreventive	
Cholagogue	
Choleretic	HerbalGram No. 24, page 37.
Cyclooxygenase-Inhibitor	
Cytochrome-P450-Inhibitor	Pizzorno, J. 1998. Total Wellness. Prima Health, a division of Prima.
Cytotoxic 0.4-4 mg/ml	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Cytotoxic IC50=1 ug/ml	
Cytotoxic IC50=25 uM	
DNA-Protective	
Deodorant	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Detoxicant	
Dye	Merck 11th Edition
Expectorant 100 uM	
Fibrinolytic	
Fungicide	
Glutathionigenic 80 mg/kg igs rat	
Hepatoprotective 30 ppm	
Hepatoprotective 30 mg/kg/day	
Hypocholesterolemic 0.15% diet 7 wks	
Hypolipidemic 0.15% diet 7 wks	
Hypotensive	
IKB-kinase-Inhibitor	
IKK-Inhibitor	
IkappaB-alpha-Phosphorylation-Inhibitor	
Immunostimulant 40 mg/kg/5 wk orl rat	
Lipase-Inducer	
Litholytic 0.5% diet	
MDR-Inhibitor 1-55 uM	
MMP-9-Inhibitor 10 uM	
Maltase-Promoter	
Metal-Chelator	McEvily, A.J., Iyengar, R., and Gross, A.T. Inhibition of Polyphenol Oxidase by Phenolic Compounds. Phenolic Compounds in Food and Their Effects on Health, Ch.25.
Mucogenic 100 uM	
NF-kB-Inhibitor	
NO-Inhibitor	
NO-Scavenger	
Nematicide	
Neuroprotective 80 mg/kg igs rat	
Ornithine-Decarboxylase-Inhibitor ED=-150 mg/kg	
P450-Inhibitor IC50=2-14 ug/ml	
PGE2-Inhibitor IC42=3 uM	
PTK-Inhibitor 5-100 uM	
Pesticide	
Phototoxic	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Plasmodicide	
Prostaglandin-Synthesis-Inhibitor 0.2% diet rat	Rao, C. V., Rivenson, A., Simi, B., Reddy, B. S. 1995. Chemoprevention of Colon Carcinogenesis by Dietary Curcumin, a Naturally Occurring Plant Phenolic Compound. Cancer Research, 55(2): 259-266.
Protease-Inhibitor IC50=11-250 uM	
Protein-Kinase-C-Inhibitor IC69=15 uM	
Protein-Kinase-C-Inhibitor IC50=15 uM	

Protein-Kinase-Inhibitor
 Pulmonoprotective 200 mg/kg/7 d
 Quinone-Reductase-Inducer 3.4 uM Singletary, K., et al. 1998. Effect of the Beta-Diketones Diferoloylmethane (Curcumin) and Dibenzoylmethane on Rat Mammary DNA Adducts and Tumors Induced by 7,12-dimethylbenz(A)anthracene. *Carcinogenesis*, 19(6): 1039-1043.
 Radioprotective
 Sortase-A-Inhibitor IC50=13-14 ug/ml
 Sucrase-Promoter
 TNF-Inhibitor
 Topoisomerase-I-Inhibitor
 Topoisomerase-II-Inhibitor
 Ulcerogenic orl rat
 VEGF-Inhibitor

CURCUMIN Resin, Exudate, -- 175000.0 *

Activities (135)

12-Lipoxygenase-Inhibitor
 5-Alpha-Reductase-Inhibitor
 5-HETE-Inhibitor IC50=3-10 uM
 5-Lipoxygenase-Inhibitor
 8-HETE-Inhibitor IC40=3 uM
 AntiCrohn's
 AntiEBV IC50=5.4 uM
 AntiHIV IC50=40 uM
 Antiadenomacarcinogenic 50-200 mg/kg ipr rat
 Antiaflatoxin IC50=81 uM
 Antiaggregant
 Antialzheimeran 0.5-10 ug/ml
 AntiAmyloid-Beta 0.5-10 ug/ml
 Antiangiogenic
 Antiarachidonate
 Antiarthritic Pizzorno, J.E. and Murray, M.T. 1985. *A Textbook of Natural Medicine*. John Bastyr College Publications, Seattle, Washington (Looseleaf).
 Antiasthmatic
 Antiatherosclerotic 0.4-20 mg/kg/day
 Antibacterial Nigg, H.N. and Seigler, D.S., eds. 1992. *Phytochemical Resources for Medicine and Agriculture*. Plenum Press, New York. 445 pp.
 Antibronchitic
 Anticancer
 Anticancer (Breast)
 Anticancer (Colon)
 Anticancer (Duodenum)
 Anticancer (Mammary) 50-200 mg/kg ipr rat
 Anticancer (Skin)
 Anticancer (Stomach)
 Anticarcinogenic
 Anticataract 75 mg/kg orl rat
 Anticholecystotic Pizzorno, J.E. and Murray, M.T. 1985. *A Textbook of Natural Medicine*. John Bastyr College Publications, Seattle, Washington (Looseleaf).
 Anticolitic
 Anticollagenic
 Antieczemic Iwu, M.M. 1993. *Handbook of African Medicinal Plants*. CRC Press, Boca Raton, FL 435 pp.
 Antiedemic ED50=100.2 mg/kg orl mus (cf 78 for cortisone)
 Antiedemic ED50=48 mg/kg orl rat (cf 45 for cortisone)
 Antiedemic ED50=48 mg/kg orl rat (cf 48 for phenylbutazone)
 Antieicosanoid
 Antihepatotic
 Antiinflammatory 1,200 mg/man/day
 Antiinflammatory 1 uM
 Antiintegrase 40-150 uM
 Antiischemic
 Antileishmanic IC50=7.8 ug/ml
 Antileukemic
 Antileukotriene 170 mg/kg orl rat

Antilipoperoxidant	
Antilithic 0.5% diet	
Antilymphomic 0.4 mg/ml	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Antilymphomic 4 ug/ml	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livinston, Edinburgh.
Antimelanomic 200 nM/kg orl mus	
Antimetastatic 200 nM/kg orl mus	
Antimutagenic	
Antinitrosaminic	
Antioxidant 1/3 BHA	
Antioxidant IC50=500 uM	
Antipapillomic	
Antiperoxidant	
Antiproliferant IC50=13 uM	
Antiprostaglandin 8.8 uM	
Antipsoriatic	
Antispasmodic	=ICMR(Indian Council of Medical Research).1976.Medicinal Plants of India.Vol.1.Indian Council of Med. Res.Cambridge Printing Works, New Delhi.487 pp;ICMR.1987.Medicinal Plants of India.Vol.2.Indian Council of Med. Res.Cambr. Printing Works,New Delhi.600pp
Antithrombotic	
Antithromboxane	
Antitumor	
Antitumor (Colon)	
Antitumor (Liver) 10 uM	
Antitumor-Promoter IC91=10 uM	
Antiulcer orl rat	
Antiviral IC50=5.4 uM	
Apoptotic 150-2,000 ppm (diet) orl rat	
Apoptotic 30-90 uM	
COX-2-Inhibitor 10-20 uM	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardiodepressant	=ICMR(Indian Council of Medical Research).1976.Medicinal Plants of India.Vol.1.Indian Council of Med. Res.Cambridge Printing Works, New Delhi.487 pp;ICMR.1987.Medicinal Plants of India.Vol.2.Indian Council of Med. Res.Cambr. Printing Works,New Delhi.600pp
Chelator IC50=500 uM	
Chelator Iron	
Chemopreventive	
Cholagogue	
Choleretic	HerbalGram No. 24, page 37.
Cyclooxygenase-Inhibitor	
Cytochrome-P450-Inhibitor	Pizzorno, J. 1998. Total Wellness. Prima Health, a division of Prima.
Cytotoxic 0.4-4 mg/ml	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Cytotoxic IC50=1 ug/ml	
Cytotoxic IC50=25 uM	
DNA-Protective	
Deodorant	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Detoxicant	
Dye	Merck 11th Edition
Expectorant 100 uM	
Fibrinolytic	
Fungicide	
Glutathionigenic 80 mg/kg igs rat	
Hepatoprotective 30 ppm	
Hepatoprotective 30 mg/kg/day	
Hypocholesterolemic 0.15% diet 7 wks	
Hypolipidemic 0.15% diet 7 wks	
Hypotensive	
IKB-kinase-Inhibitor	
IKK-Inhibitor	
IkappaB-alpha-Phosphorylation-Inhibitor	
Immunostimulant 40 mg/kg/5 wk orl rat	
Lipase-Inducer	
Litholytic 0.5% diet	
MDR-Inhibitor 1-55 uM	
MMP-9-Inhibitor 10 uM	

Maltase-Promoter	
Metal-Chelator	McEvily, A.J., Iyengar, R., and Gross, A.T. Inhibition of Polyphenol Oxidase by Phenolic Compounds. Phenolic Compounds in Food and Their Effects on Health, Ch.25.
Mucogenic 100 uM	
NF-kB-Inhibitor	
NO-Inhibitor	
NO-Scavenger	
Nematicide	
Neuroprotective 80 mg/kg igs rat	
Ornithine-Decarboxylase-Inhibitor ED ₅₀ ~150 mg/kg	
P450-Inhibitor IC ₅₀ =2-14 ug/ml	
PGE2-Inhibitor IC ₄₂ =3 uM	
PTK-Inhibitor 5-100 uM	
Pesticide	
Phototoxic	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Plasmodicide	
Prostaglandin-Synthesis-Inhibitor 0.2% diet rat	Rao, C. V., Rivenson, A., Simi, B., Reddy, B. S. 1995. Chemoprevention of Colon Carcinogenesis by Dietary Curcumin, a Naturally Occurring Plant Phenolic Compound. Cancer Research, 55(2): 259-266.
Protease-Inhibitor IC ₅₀ =11-250 uM	
Protein-Kinase-C-Inhibitor IC ₆₉ =15 uM	
Protein-Kinase-C-Inhibitor IC ₅₀ =15 uM	
Protein-Kinase-Inhibitor	
Pulmonoprotective 200 mg/kg/7 d	
Quinone-Reductase-Inducer 3.4 uM	Singletary, K., et al. 1998. Effect of the Beta-Diketones Diferoloylmethane (Curcumin) and Dibenzoylmethane on Rat Mammary DNA Adducts and Tumors Induced by 7,12-dimethylbenz(A)anthracene. Carcinogenesis, 19(6): 1039-1043.
Radioprotective	
Sortase-A-Inhibitor IC ₅₀ =13-14 ug/ml	
Sucrase-Promoter	
TNF-Inhibitor	
Topoisomerase-I-Inhibitor	
Topoisomerase-II-Inhibitor	
Ulcerogenic orl rat	
VEGF-Inhibitor	

CURCUMIN Plant -- -- *

Activities (135)

12-Lipoxygenase-Inhibitor	
5-Alpha-Reductase-Inhibitor	
5-HETE-Inhibitor IC ₅₀ =3-10 uM	
5-Lipoxygenase-Inhibitor	
8-HETE-Inhibitor IC ₄₀ =3 uM	
AntiCrohn's	
AntiEBV IC ₅₀ =5.4 uM	
AntiHIV IC ₅₀ =40 uM	
Antiaadenomacarcinogenic 50-200 mg/kg ipr rat	
Antiaflatoxin IC ₅₀ =81 uM	
Antiaggregant	
Antialzheimeran 0.5-10 ug/ml	
Antiamyloid-Beta 0.5-10 ug/ml	
Antiangiogenic	
Antiarachidonate	
Antiarthritic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiasthmatic	
Antiatherosclerotic 0.4-20 mg/kg/day	
Antibacterial	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Antibronchitic	
Anticancer	
Anticancer (Breast)	
Anticancer (Colon)	
Anticancer (Duodenum)	

Anticancer (Mammary) 50-200 mg/kg ipr rat	
Anticancer (Skin)	
Anticancer (Stomach)	
Anticarcinogenic	
Anticataract 75 mg/kg orl rat	
Anticholecystosic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticolitic	
Anticollagenic	
Antieczemic	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Antiedemic ED50=100.2 mg/kg orl mus (cf 78 for cortisone)	
Antiedemic ED50=48 mg/kg orl rat (cf 45 for cortisone)	
Antiedemic ED50=48 mg/kg orl rat (cf 48 for phenylbutazone)	
Antieicosanoid	
Antihepatotic	
Antiinflammatory 1,200 mg/man/day	
Antiinflammatory 1 uM	
Antiintegrase 40-150 uM	
Antiischemic	
Antileishmanic IC50=7.8 ug/ml	
Antileukemic	
Antileukotriene 170 mg/kg orl rat	
Antilipoperoxidant	
Antilithic 0.5% diet	
Antilymphomic 0.4 mg/ml	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Antilymphomic 4 ug/ml	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livinston, Edinburgh.
Antimelanomic 200 nM/kg orl mus	
Antimetastatic 200 nM/kg orl mus	
Antimutagenic	
Antinitrosaminic	
Antioxidant 1/3 BHA	
Antioxidant IC50=500 uM	
Antipapillomic	
Antiperoxidant	
Antiproliferant IC50=13 uM	
Antiprostaglandin 8.8 uM	
Antipsoriatic	
Antispasmodic	=ICMR(Indian Council of Medical Research).1976.Medicinal Plants of India.Vol.1.Indian Council of Med. Res.Cambridge Printing Works, New Delhi.487 pp;ICMR.1987.Medicinal Plants of India.Vol.2.Indian Council of Med. Res.Cambr. Printing Works,New Delhi.600pp
Antithrombotic	
Antithromboxane	
Antitumor	
Antitumor (Colon)	
Antitumor (Liver) 10 uM	
Antitumor-Promoter IC91=10 uM	
Antiulcer orl rat	
Antiviral IC50=5.4 uM	
Apoptotic 150-2,000 ppm (diet) orl rat	
Apoptotic 30-90 uM	
COX-2-Inhibitor 10-20 uM	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardiodepressant	=ICMR(Indian Council of Medical Research).1976.Medicinal Plants of India.Vol.1.Indian Council of Med. Res.Cambridge Printing Works, New Delhi.487 pp;ICMR.1987.Medicinal Plants of India.Vol.2.Indian Council of Med. Res.Cambr. Printing Works,New Delhi.600pp
Chelator IC50=500 uM	
Chelator Iron	
Chemopreventive	
Cholagogue	
Choleretic	HerbalGram No. 24, page 37.
Cyclooxygenase-Inhibitor	
Cytochrome-P450-Inhibitor	Pizzorno, J. 1998. Total Wellness. Prima Health, a division of Prima.
Cytotoxic 0.4-4 mg/ml	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Cytotoxic IC50=1 ug/ml	
Cytotoxic IC50=25 uM	

5-Lipoxygenase-Inhibitor	
8-HETE-Inhibitor IC ₄₀ =3 uM	
AntiCrohn's	
AntiEBV IC ₅₀ =5.4 uM	
AntiHIV IC ₅₀ =40 uM	
Antiadenomacarcinogenic 50-200 mg/kg ipr rat	
Antiaflatoxin IC ₅₀ =81 uM	
Antiaggregant	
Antialzheimeran 0.5-10 ug/ml	
Antiamyloid-Beta 0.5-10 ug/ml	
Antiangiogenic	
Antiarachidonate	
Antiarthritic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiasthmatic	
Antiatherosclerotic 0.4-20 mg/kg/day	
Antibacterial	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Antibronchitic	
Anticancer	
Anticancer (Breast)	
Anticancer (Colon)	
Anticancer (Duodenum)	
Anticancer (Mammary) 50-200 mg/kg ipr rat	
Anticancer (Skin)	
Anticancer (Stomach)	
Anticarcinogenic	
Anticataract 75 mg/kg orl rat	
Anticholecystotic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticolitic	
Anticollagenic	
Antieczemic	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Antiedemic ED ₅₀ =100.2 mg/kg orl mus (cf 78 for cortisone)	
Antiedemic ED ₅₀ =48 mg/kg orl rat (cf 45 for cortisone)	
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Antieicosanoid	
Antihepatotic	
Antiinflammatory 1,200 mg/man/day	
Antiinflammatory 1 uM	
Antiintegrase 40-150 uM	
Antiischemic	
Antileishmanic IC ₅₀ =7.8 ug/ml	
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Antileukotriene 170 mg/kg orl rat	
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Antimelanomic 200 nM/kg orl mus	
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Antimutagenic	
Antinitrosaminic	
Antioxidant 1/3 BHA	
Antioxidant IC ₅₀ =500 uM	
Antipapillomic	
Antiperoxidant	
Antiproliferant IC ₅₀ =13 uM	
Antiprostaglandin 8.8 uM	
Antipsoriatic	
Antispasmodic	=ICMR(Indian Council of Medical Research).1976.Medicinal Plants of India.Vol.1.Indian Council of Med. Res.Cambridge Printing Works, New Delhi.487 pp;ICMR.1987.Medicinal Plants of India.Vol.2.Indian Council of Med. Res.Cambr. Printing Works,New Delhi.600pp
Antithrombotic	
Antithromboxane	
Antitumor	

Antitumor (Colon)	
Antitumor (Liver) 10 uM	
Antitumor-Promoter IC91=10 uM	
Antiulcer orl rat	
Antiviral IC50=5.4 uM	
Apoptotic 150-2,000 ppm (diet) orl rat	
Apoptotic 30-90 uM	
COX-2-Inhibitor 10-20 uM	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardiodepressant	=ICMR(Indian Council of Medical Research).1976.Medicinal Plants of India.Vol.1.Indian Council of Med. Res.Cambridge Printing Works, New Delhi.487 pp;ICMR.1987.Medicinal Plants of India.Vol.2.Indian Council of Med. Res.Cambr. Printing Works,New Delhi.600pp
Chelator IC50=500 uM	
Chelator Iron	
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Cholagogue	
Choleretic	HerbalGram No. 24, page 37.
Cyclooxygenase-Inhibitor	
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Cytotoxic IC50=25 uM	
DNA-Protective	
Deodorant	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Detoxicant	
Dye	Merck 11th Edition
Expectorant 100 uM	
Fibrinolytic	
Fungicide	
Glutathionigenic 80 mg/kg igs rat	
Hepatoprotective 30 ppm	
Hepatoprotective 30 mg/kg/day	
Hypocholesterolemic 0.15% diet 7 wks	
Hypolipidemic 0.15% diet 7 wks	
Hypotensive	
IKB-kinase-Inhibitor	
IKK-Inhibitor	
IkappaB-alpha-Phosphorylation-Inhibitor	
Immunostimulant 40 mg/kg/5 wk orl rat	
Lipase-Inducer	
Litholytic 0.5% diet	
MDR-Inhibitor 1-55 uM	
MMP-9-Inhibitor 10 uM	
Maltase-Promoter	
Metal-Chelator	McEvily, A.J., Iyengar, R., and Gross, A.T. Inhibition of Polyphenol Oxidase by Phenolic Compounds. Phenolic Compounds in Food and Their Effects on Health, Ch.25.
Mucogenic 100 uM	
NF-kB-Inhibitor	
NO-Inhibitor	
NO-Scavenger	
Nematicide	
Neuroprotective 80 mg/kg igs rat	
Ornithine-Decarboxylase-Inhibitor ED=~150 mg/kg	
P450-Inhibitor IC50=2-14 ug/ml	
PGE2-Inhibitor IC42=3 uM	
PTK-Inhibitor 5-100 uM	
Pesticide	
Phototoxic	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Plasmodicide	
Prostaglandin-Synthesis-Inhibitor 0.2% diet rat	Rao, C. V., Rivenson, A., Simi, B., Reddy, B. S. 1995. Chemoprevention of Colon Carcinogenesis by Dietary Curcumin, a Naturally Occurring Plant Phenolic Compound. Cancer Research, 55(2): 259-266.
Protease-Inhibitor IC50=11-250 uM	

Protein-Kinase-C-Inhibitor
IC69=15 uM

Protein-Kinase-C-Inhibitor
IC50=15 uM

Protein-Kinase-Inhibitor

Pulmonoprotective 200
mg/kg/7 d

Quinone-Reductase-Inducer
3.4 uM

Singletary, K., et al. 1998. Effect of the Beta-Diketones Diferoloylmethane (Curcumin) and Dibenzoylmethane on Rat Mammary DNA Adducts and Tumors Induced by 7,12-dimethylbenz(A)anthracene. *Carcinogenesis*, 19(6): 1039-1043.

Radioprotective

Sortase-A-Inhibitor IC50=13-14
ug/ml

Sucrase-Promoter

TNF-Inhibitor

Topoisomerase-I-Inhibitor

Topoisomerase-II-Inhibitor

Ulcerogenic orl rat

VEGF-Inhibitor

CURCUMINOIDS

Root

30000.0

80000.0

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Activities (9)

Anticancer	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Antiinflammatory	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Antileukotriene	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Antimitotic	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Antiprostaglandin	Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.
Antitumor	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Cholagogue	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Cytotoxic	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Ulcerogenic?	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.

CURCUMOL

Rhizome

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Activities (3)

Anticancer (Cervix)
Antisarcomic
Antitumor (Cervix)

CURDIONE

Essential Oil

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11900.0

*

Activities (6)

AntiX-Radiation	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Anticancer (Cervix)	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.
Antileukopenic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antisarcomic	
Antitumor	
Antitumor (Cervix)	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.

CURDIONE

Rhizome

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Activities (6)

AntiX-Radiation	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Anticancer (Cervix)	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.
Antileukopenic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antisarcomic	
Antitumor	
Antitumor (Cervix)	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.

CURDIONE

Tuber

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Activities (6)

AntiX-Radiation	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Anticancer (Cervix)	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.
Antileukopenic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antisarcomic	
Antitumor	
Antitumor (Cervix)	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.

CURDIONE	Rhizome Essent. Oil	--	11900.0	*	
Activities (6)					
AntiX-Radiation	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.				
Anticancer (Cervix)	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.				
Antileukopenic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.				
Antisarcotic					
Antitumor					
Antitumor (Cervix)	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.				
CURLONE	Rhizome	--	120.0	*	
CURZERENONE	Rhizome	--	--	*	
CURZERENONE	Tuber	--	--	*	
CURZERENONE-C	Essential Oil	--	20400.0	*	
CURZERENONE-C	Rhizome Essent. Oil	--	20400.0	*	
CYCLO-ISOPRENYMYRCENE	Rhizome	8500.0	29750.0		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
CYCLOCURCUMIN	Rhizome	13.3	8000.0	*	
Activities (1)					
Nematicide					
D-ALPHA-PHELLANDRENE	Rhizome	30.0	720.0		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
D-CAMPHENE	Rhizome	--	480.0	-1.0	*
D-CAMPHOR	Rhizome	30.0	1500.0	-0.3	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
D-SABINENE	Rhizome	20.0	432.0		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
DEHYDROCURDIONE	Rhizome	--	4.5		*
Activities (8)					
Analgesic 40-200 mg/kg					
Antiarthritic 120 mg/kg/day/12 days					
Antiedemic 200 mg/kg					
Antiinflammatory					
Antioxidant					
Antipyretic					
Antiradicular 100-5,000 uM					
Calcium-Channel-Blocker 0.1-1 mM					
DEHYDROTURMERONE	Rhizome	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
DEMETHOXYCURCUMIN	Root	--	500.0		*

Activities (20)Antiaflatoxin IC50=75
uMAntialzheimeran 0.5-10
ug/mlAntiamyloid-Beta 0.5-
10 ug/ml

Antiangiogenic

Antiinflammatory

Antileishmanic
IC50=14.1 ug/mlAntilipoperoxidant
#NAME?

Antimutagenic

Antinitrosating

Antipapillomic

Antitumor-Promoter

DNA-Protective
<curcumin

NO-Scavenger

Nematicide

Plasmodicide IC50=4.2
ug/mlQuinone-Reductase-
Inducer 12.5 uMSingletary, K., et al. 1998. Effect of the Beta-Diketones Diferoloylmethane (Curcumin) and Dibenzoylmethane on Rat Mammary DNA Adducts and Tumors Induced by 7,12-dimethylbenz(A)anthracene. *Carcinogenesis*, 19(6): 1039-1043.Quinone-Reductase-
Inducer 1% diet ratSingletary, K., et al. 1998. Effect of the Beta-Diketones Diferoloylmethane (Curcumin) and Dibenzoylmethane on Rat Mammary DNA Adducts and Tumors Induced by 7,12-dimethylbenz(A)anthracene. *Carcinogenesis*, 19(6): 1039-1043.Sortase-A-Inhibitor
IC50=23-24 ug/mlTopoisomerase-I-
InhibitorTopoisomerase-II-
Inhibitor

DEMETHOXYCURCUMIN

Plant

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Activities (20)Antiaflatoxin IC50=75
uMAntialzheimeran 0.5-10
ug/mlAntiamyloid-Beta 0.5-
10 ug/ml

Antiangiogenic

Antiinflammatory

Antileishmanic
IC50=14.1 ug/mlAntilipoperoxidant
#NAME?

Antimutagenic

Antinitrosating

Antipapillomic

Antitumor-Promoter

DNA-Protective
<curcumin

NO-Scavenger

Nematicide

Plasmodicide IC50=4.2
ug/mlQuinone-Reductase-
Inducer 12.5 uMSingletary, K., et al. 1998. Effect of the Beta-Diketones Diferoloylmethane (Curcumin) and Dibenzoylmethane on Rat Mammary DNA Adducts and Tumors Induced by 7,12-dimethylbenz(A)anthracene. *Carcinogenesis*, 19(6): 1039-1043.Quinone-Reductase-
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IC50=23-24 ug/mlTopoisomerase-I-
InhibitorTopoisomerase-II-
Inhibitor

DEMETHOXYCURCUMIN

Rhizome

6.6

11100.0

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Activities (20)					
Antiaflatoxin IC50=75 uM					
Antialzheimeran 0.5-10 ug/ml					
Antiamyloid-Beta 0.5-10 ug/ml					
Antiangiogenic					
Antiinflammatory					
Antileishmanic IC50=14.1 ug/ml					
Antilipoperoxidant #NAME?					
Antimutagenic					
Antinitrosating					
Antipapillomic					
Antitumor-Promoter					
DNA-Protective <curcumin					
NO-Scavenger					
Nematicide					
Plasmodicide IC50=4.2 ug/ml					
Quinone-Reductase-Inducer 12.5 uM	Singletery, K., et al. 1998. Effect of the Beta-Diketones Diferoloylmethane (Curcumin) and Dibenzoylmethane on Rat Mammary DNA Adducts and Tumors Induced by 7,12-dimethylbenz(A)anthracene. Carcinogenesis, 19(6): 1039-1043.				
Quinone-Reductase-Inducer 1% diet rat	Singletery, K., et al. 1998. Effect of the Beta-Diketones Diferoloylmethane (Curcumin) and Dibenzoylmethane on Rat Mammary DNA Adducts and Tumors Induced by 7,12-dimethylbenz(A)anthracene. Carcinogenesis, 19(6): 1039-1043.				
Sortase-A-Inhibitor IC50=23-24 ug/ml					
Topoisomerase-I-Inhibitor					
Topoisomerase-II-Inhibitor					

DESMETHOXYCURCUMIN	Rhizome	500.0	28000.0	1.34	*
DI-P-COUMAROYL-METHANE	Rhizome	--	--		*

Activities (2)					
Cytotoxic	Chemical Constituents of Oriental Herbs (3 diff. books)				
Hepatoprotective	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.				

DICINNAMOYLMETHANE	Rhizome	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
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Activities (1)					
Choleretic	Fitoterapia No.5-1986.				

DIDSMETHOXYCURCUMIN	Rhizome	--	--		Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.
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DIFERULOYL-METHANE	Rhizome	--	--		*
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Activities (1)					
Cytotoxic	Chemical Constituents of Oriental Herbs (3 diff. books)				

DIHYDROCURCUMIN	Rhizome	--	57.0		*
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EO	Leaf	--	4100.0	-0.65	*
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EO	Rhizome	3000.0	72000.0	0.38	*
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EO	Plant	15500.0	80000.0	5.34	*
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EPI-PROCURCUMENOL	Rhizome	--	1.3		*
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Activities (2)					
AntiTNF					
Antiinflammatory					

EUGENOL	Essential Oil	--	2100.0	-0.71	*
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Activities (76)

Acaricide LD50=5,47 ug/sq
cm cf DEET at 37.59 ug/sq
cm

Allergenic

Analgesic Merck 11th Edition

Anesthetic 200-400 Phytotherapy Research, 4: 93.

AntiTNF

Antiaggregant IC50=0.3 uM Phytotherapy Research, 4: 93.

Antiarachidonate

Antibacterial 500 ppm Valnet, J. 1982. *The Practice of Aromatherapy*. Translated from the 1980 French Edition by Robin Campbell and Libby Houston. Destiny Books, New York. 279 pp.

Antibacterial MBC=400
ug/ml

Anticonvulsant Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

Antiedemic 100 Phytotherapy Research, 4: 95.

Antiandrogenic

Antifeedant Jacobson, M., *Glossary of Plant-Derived Insect Deterrents*, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

Antigenotoxic 50-500 mg/kg
ori mus

Antihyperpetic IC50=16.2-25.6
ug/ml

Antiinflammatory (11 uM)
IC~97=1,000 uM

Antikeratotic IC50=16.2-
25.6 ug/ml

Antimitotic Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

Antimutagenic Economic & Medicinal Plant Research, 6: 235.

Antinitrosating

Antioxidant IC65=30 ppm

Antioxidant 10 uM

Antiprostaglandin 11 uM

Antiprostaglandin IC50=9.2
mM

Antipyretic 3 ml/man/day

Antiradicular EC50=2 ul/l

Antisalmonella MIC=400
ug/ml

Antiseptic 3 ml/man/day

Antiseptic 400 ug/ml

Antispasmodic Leung, A. Y. and Foster, S. 1995. *Encyclopedia of Common Natural Ingredients* 2nd Ed. John Wiley & Sons, New York. 649 pp.

Antistaphylococcic Wright, C.W. (Ed) 2002. *Medicinal & Aromatic Plants-Industrial Profiles*. Artemisia. 344pp. Maffei, M. (Ed) 2002. *Vetiveria. The Genus Vetiveria*. Taylor & Francis, NY, NY. 191pp. Southwell, J., Lowe, R. (Eds) 1999. *Tea Tree. The Genus Melaleuca*. Harwood Acad. Pub. Amsterdam, Netherlands.

Antithromboxane Lawrence Review of Natural Products, Jul-87.

Antitumor Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove (*Eugenia caryophyllata*) As Potential Anticarcinogenic Agents. *Journal of Natural Products* 55(7): 999-1003, 1992.

Antiulcer

Antiviral IC50=16.2-25.6
ug/ml

Apifuge Jacobson, M., *Glossary of Plant-Derived Insect Deterrents*, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

CNS-Depressant Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

COX-1-Inhibitor IC97=1,000
uM

COX-2-Inhibitor
IC>97=1,000 uM

COX-2-Inhibitor IC50=129
uM

Calcium-Antagonist
IC50=224 uM

Calcium-Antagonist
IC50=200 uM gpg

Cancer-Preventive Stitt, P. A. *Why George Should Eat Broccoli*. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Candidicide Phytotherapy Research, 4: 93.

Carcinogenic? Nigg, H.N. and Seigler, D.S., eds. 1992. *Phytochemical Resources for Medicine and Agriculture*. Plenum Press, New York. 445 pp.

Carminative Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. *J. Pharm. Pharmacol.* 46: 14-18, 1994.

Choleretic

Cytochrome-P450-Inhibitor Pizzorno, J. 1998. *Total Wellness*. Prima Health, a division of Prima.

Cytotoxic 25 ug/ml Phytotherapy Research, 4: 93.

Dermatitigenic

Enterorelaxant J. *Aromatherapy* 4: 22.

FLavor FEMA 10-500 Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry

Fungicide

Hepatoprotective 100 ppm

Antianggregant IC50=0.3 uM	Phytotherapy Research, 4: 93.
Antiarachidonate	
Antibacterial 500 ppm	Valnet, J. 1982. The Practice of Aromatherapy. Translated from the 1980 French Edition by Robin Campbell and Libby Houston. Destiny Books, New York. 279 pp.
Antibacterial MBC=400 ug/ml	
Anticonvulsant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiedemic 100	Phytotherapy Research, 4: 95.
Antiandrogenic	
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Antigenotoxic 50-500 mg/kg orl mus	
Antiherpetic IC50=16.2-25.6 ug/ml	
Antiinflammatory (11 uM) IC~97=1,000 uM	
Antikeratotic IC50=16.2-25.6 ug/ml	
Antimitotic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antinitrosating	
Antioxidant IC65=30 ppm	
Antioxidant 10 uM	
Antiprostaglandin 11 uM	
Antiprostaglandin IC50=9.2 mM	
Antipyretic 3 ml/man/day	
Antiradicular EC50=2 ul/l	
Antisalmonella MIC=400 ug/ml	
Antiseptic 3 ml/man/day	
Antiseptic 400 ug/ml	
Antispasmodic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antistaphylococcic	Wright, C.W. (Ed) 2002. Medicinal & Aromatic Plants-Industrial Profiles. Artemisia. 344pp. Maffei, M. (Ed) 2002. Vetiveria. The Genus Vetiveria. Taylor & Francis. NY, NY. 191pp. Southwell, I., Lowe, R. (Eds) 1999. Tea Tree. The Genus Melaleuca. Harwood Acad. Pub. Amsterdam, Netherlands.
Antithromboxane	Lawrence Review of Natural Products, Jul-87.
Antitumor	Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove (<i>Eugenia caryophyllata</i>) As Potential Anticarcinogenic Agents. Journal of Natural Products 55(7): 999-1003, 1992.
Antiulcer	
Antiviral IC50=16.2-25.6 ug/ml	
Apifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
CNS-Depressant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
COX-1-Inhibitor IC97=1,000 uM	
COX-2-Inhibitor IC>97=1,000 uM	
COX-2-Inhibitor IC50=129 uM	
Calcium-Antagonist IC50=224 uM	
Calcium-Antagonist IC50=200 uM gpg	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Phytotherapy Research, 4: 93.
Carcinogenic?	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Carminative	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Choleretic	
Cytochrome-P450-Inhibitor	Pizzorno, J. 1998. Total Wellness. Prima Health, a division of Prima.
Cytotoxic 25 ug/ml	Phytotherapy Research, 4: 93.
Dermatitigenic	
Enterorelaxant	J. Aromatherapy 4: 22.
FLavor FEMA 10-500	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Fungicide	
Hepatoprotective 100 ppm	
Herbicide	
Insecticide	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	
Juvabional	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Larvicide	
Motor-Depressant	Buchbauer et al, e.g. Buchbauer et al, 1993. Therapeutic properties of essential oils and fragrances. Chap. 12 in Teranishi, R., Buttery, R.G. and Sugisawa, H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC

Nematicide MLC=2,000 ug/ml	Shoyakugaku Zasshi, 44: 183.
Neurotoxic	R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That: The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benificent Nature. The Risk of Herbal Preparations. Anns. Intern. Med. 117(2):165-6; Huxtable, R.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Pesticide	
Prostaglandin-Synthesis-Inhibitor 1 mM rbt	Chen, S. J., Wang, M. H., Chen, I. J. 1996. Antiplatelet and Calcium Inhibitory Properties of Eugenol and Sodium Eugenol Acetate. Gen Pharmacol, 27(4): 629-633.
Prostaglandin-Synthesis-Inhibitor IC50=9.2 uM	
Sedative	
Termiticide LD100=5 mg/g	
Trichomonicide LD100=300 ug/ml	
Trichomonistat IC50=10 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Trypsin-Enhancer	Lawrence Review of Natural Products, Dec-93.
Ulcerogenic	Phytotherapy Research, 4: 93.
Varroacide	
Vasodilator	
Vermifuge	

FAT	Rhizome	18000.0	153000.0	2.43	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
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FAT	Plant	28830.0	93000.0	0.6	*
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FERULOYL-4-HYDROXYCINNAMOYL-METHANE	Plant	--	--		*
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Activities (1)

Antiinflammatory

FERULOYL-P-COUMAROYL-METHANE	Rhizome	--	--		*
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Activities (1)

Cytotoxic Chemical Constituents of Oriental Herbs (3 diff. books)

FIBER	Rhizome	9000.0	84000.0	-1.03	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
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Activities (15)

Angiotensin-Receptor-Blocker

Antidiabetic

Antihypertensive

Antiobesity

Antitumor Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Antiulcer Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Beta-Blocker

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Cardioprotective

Diuretic

Hypocholesterolemic

Hypotensive 10 g/man/day/orl Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Hypouricemic

Laxative

Vasodilator

FIBER(CRUDE)	Plant	--	63000.0	-0.76	*
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FIBER(DIETARY)	Plant	--	370000.0	0.06	*
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FLAVONOIDS	Rhizome	90.0	95.0		*
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FRUCTOSE	Rhizome	--	120000.0	1.41	Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.
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Activities (8)					
Antialcoholic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Antidiabetic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Antihangover					
Antiketotic	Merck 11th Edition				
Antinauseant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Laxative					
Neoplastic	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses				
Sweetener 2 x glucose	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				

GAMMA-ATLANTONE	Root	--	--		*
GAMMA-ATLANTONE	Rhizome	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
GAMMA-TERPINENE	Rhizome	--	60.0	-1.0	*

Activities (11)					
ACE-Inhibitor 100 ug/ml (weak activity)					
Acaricide					
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.				
Antiacetylcholinesterase IC23=1.2 mM					
Antifeedant	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.				
Antioxidant	Jim Duke's personal files.				
FLavor FEMA 1-40	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry				
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.				
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry				
Pesticide					

GAMMA-TERPINENE	Leaf	--	90.0	-0.2	*
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Activities (11)					
ACE-Inhibitor 100 ug/ml (weak activity)					
Acaricide					
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.				
Antiacetylcholinesterase IC23=1.2 mM					
Antifeedant	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.				
Antioxidant	Jim Duke's personal files.				
FLavor FEMA 1-40	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry				
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.				
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry				
Pesticide					

GERMACRENE	Rhizome	--	--		Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.
GERMACRON-(4S',5S)-EPOXIDE	Rhizome	--	0.7		*
GERMACRON-13-AL	Rhizome	--	0.6		*
GERMACRONE	Rhizome	--	--		*

Activities (7)					
Analgesic					
Antiedemic					
Antiinflammatory					
Antistress					
Antitussive					
Antiulcer					
Hypothermic					
GLUCOSE	Rhizome	--	280000.0	1.0	Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.

Activities (7)					
Acetylcholinergic					
Antiedemic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Antihepatotoxic	Merck 11th Edition				
Antiketotic	Merck 11th Edition				
Antivaricose	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Hyperglycemic	Merck 11th Edition				
Memory-Enhancer	Science News, 138: 189, 1990.				
GUAIACOL	Rhizome	--	--		*

Activities (18)					
Anesthetic					
Antibacterial 8,000 ppm	Valnet, J. 1982. The Practice of Aromatherapy. Translated from the 1980 French Edition by Robin Campbell and Libby Houston. Destiny Books, New York. 279 pp.				
Antidermatitic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Antieczemic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Antiesophagitic	Martindale's 29th				
Antiseptic	Martindale's 29th				
Antitubercular					
Cardiodepressant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
Cardiotonic					
Dermal	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
Emetic	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
Expectorant 0.3-0.6 ml/man	Martindale's 28th				
FLavor FEMA <1-1	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry				
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Irritant					
Pesticide					
Prostaglandin-Synthesis-Inhibitor IC50=57 uM	Alanko, J., et al. 1999. Modulation of Arachidonic Acid Metabolism by Phenols: Relation to their Structure and Antioxidant/Prooxidant Properties. Free Radical Biol Med, 26(1/2): 193-201.				
Transdermal	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
GUAIANE	Rhizome	--	--		Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.

IRON	Rhizome	121.0	467.0	0.33	*
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Activities (6)					
Antiakathisic	Martindale's 29th				
Antianemic	Martindale's 29th				
Anticancer					
Anticheilitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antimenorrhagic 100 mg/day/wmn/ori	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Prooxidant					

IRON	Plant	25.0	80.0	-0.64	*
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Activities (6)				
Antiakathisic	Martindale's 29th			
Antianemic	Martindale's 29th			
Anticanker				
Anticheilitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.			
Antimenorrhagic 100 mg/day/wmn/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).			
Prooxidant				

ISOBORNEOL	Rhizome Essent. Oil	--	200.0	*
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Activities (7)				
Antiherpetic 600 ppm				
Antiviral 600 ppm				
Insectifuge				
Motor-Stimulant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC			
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.			
Pesticide				
Sedative				

ISOBORNEOL	Tuber	--	--	*
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Activities (7)				
Antiherpetic 600 ppm				
Antiviral 600 ppm				
Insectifuge				
Motor-Stimulant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC			
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.			
Pesticide				
Sedative				

ISOPROCURCUMENOL	Rhizome	--	1.6	*
L-ALPHA-CURCUMENE	Rhizome	--	18000.0	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
L-BETA-CURCUMENE	Rhizome	--	18000.0	*
LIMONENE	Tuber	--	--	*

Activities (60)

AChE-Inhibitor	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. & Physiol.</i> , 23, 1985, 383-8.
Acaricide LC100=8 uM	
Allelochemic	
Allergenic 1/20th carene	
Antiacetylcholinesterase IC22-26=1.2 mM	
Antiadenomic	
Antialzheimeran?	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. & Physiol.</i> , 23, 1985, 383-8.
Antiasthmatic	
Antibacterial	Revista Itiliana Eppos, 12: 5, 1994.
Anticancer	
Antiesophagitic	
Antifeedant	
Antiflu	Economic & Medicinal Plant Research, 5: 195.
Antiinflammatory	
Antilithic	
Antilymphomic	
Antimetastatic (Stomach)	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antiobesity	
Antiseptic	
Antispasmodic ED50=0.197 mg/ml	Fitoterapia No.59-1984.
Antitumor	
Antitumor (Breast)	
Antitumor (Colon)	
Antitumor (Pancreas)	
Antitumor (Prostate)	
Antitumor (Stomach)	
Antiviral	
Apoptotic	
Bronchoprotectant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidistat	
Chemopreventive	
Cholesterolytic	
Detoxicant	
Enterocontractant	J. Aromatherapy 4: 22.
Expectorant	
FLavor	
Fungiphilic	J. Agric. Food Chem. 43: 2283.
Fungistat	
GST-Inducer	
Herbicide IC50=45 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Histaminic	
Immunomodulator	
Insecticide 0.37 uM/fly	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Interleukin-6-Inhibitor	
Irritant	
Lipolytic	
Myorelaxant 50 mg/kg	
NO-Genic	
Nematicide IC=100 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Ornithine-Decarboxylase-Inhibitor ~750 mg/kg (diet)	
Ozone-Scavenger	
P450-Inducer	
Peristaltic	
Pesticide	
Photosensitizer	Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.
Sedative ED=1-32 mg/kg	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Transdermal	

Activities (60)

AChE-Inhibitor	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. & Physiol.</i> , 23, 1985, 383-8.
Acaricide LC100=8 uM	
Allelochemic	
Allergenic 1/20th carene	
Antiacetylcholinesterase IC22-26=1.2 mM	
Antiadenomic	
Antialzheimeran?	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. & Physiol.</i> , 23, 1985, 383-8.
Antiasthmatic	
Antibacterial	Revista Itiliana Eppos, 12: 5, 1994.
Anticancer	
Antiesophagitic	
Antifeedant	
Antiflu	Economic & Medicinal Plant Research, 5: 195.
Antiinflammatory	
Antilithic	
Antilymphomic	
Antimetastatic (Stomach)	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antiobesity	
Antiseptic	
Antispasmodic ED50=0.197 mg/ml	Fitoterapia No.59-1984.
Antitumor	
Antitumor (Breast)	
Antitumor (Colon)	
Antitumor (Pancreas)	
Antitumor (Prostate)	
Antitumor (Stomach)	
Antiviral	
Apoptotic	
Bronchoprotectant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidistat	
Chemopreventive	
Cholesterolytic	
Detoxicant	
Enterocontractant	J. Aromatherapy 4: 22.
Expectorant	
FLavor	
Fungiphilic	J. Agric. Food Chem. 43: 2283.
Fungistat	
GST-Inducer	
Herbicide IC50=45 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Histaminic	
Immunomodulator	
Insecticide 0.37 uM/fly	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Interleukin-6-Inhibitor	
Irritant	
Lipolytic	
Myorelaxant 50 mg/kg	
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Nematicide IC=100 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
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Sedative ED=1-32 mg/kg	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Transdermal	

LIMONENE

Rhizome
Essent. Oil

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2300.0

-0.78

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Activities (60)

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Antibacterial	Revista Itiliana Eppos, 12: 5, 1994.
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Antiflu	Economic & Medicinal Plant Research, 5: 195.
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Antilithic	
Antilymphomic	
Antimetastatic (Stomach)	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
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Sedative ED=1-32 mg/kg	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Transdermal	

LINALOL Essential Oil -- 1600.0 1.0 *

LINALOOL Rhizome -- -- *

Activities (53)

Acaricide C90=<15 ul/l (= <15 ppm)

Allergenic

Analgesic

Anesthetic 0.01-1 ug/ml

Antiacetylcholinesterase

Antiallergic Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.

Antianaphylactic

Antibacterial MIC=1,600 ug/ml

Anticarcinogenic MIC=1,600 ug/ml Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.

Anticolic

Anticonvulsant 200 mg/kg ipr mus

Antiedemic

Antiglutamaergic

Antihistaminic Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.

Antiinflammatory

Antileukemic IC50=3.5-4.2 ug/ml Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.

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Antimange

Antimite

Antimutagenic

Antiseptic 5 x phenol Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)

Antishock Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.

Antispasmodic Buchbauer, G., Jirovetz*, L., Nikiforov, A., Remberg, G., Raverdino, V. 1989. Headspace-Analysis and Aroma Compounds of Austrian Hay-Blossoms (Flores Graminis, Graminis Flos) used in Aromatherapy. J. Ess. Oil Res., 2: 185-191, 1990.

Antiviral

Barbituate-Synergist

Bronchorelaxant Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.

CNS-Depressant

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Candidistat

Carminative

Culicide LC50=156-194 mg/l

Cytotoxic

Expectorant Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.

FLavor FEMA 2-40 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Fungicide Acta Botanica Sinica, 32: 49.

GABA-nergic

Hypnotic

Hypothermic

Insecticide LC50=156-194 mg/l

Insectifuge Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

Irritant Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

Larvicide LC50=156-194 mg/l

Mosquitofuge > Deet

Motor-Depressant Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC

Nematicide MLC=1 mg/ml Shoyakugaku Zasshi, 44: 183.

Perfumery Merck 11th Edition

Pesticide

Prooxidant Charalambous, G. (Ed.). 1994. Spices, Herbs and Edible Fungi. Elsevier Science B. V. Amsterdam. 764 pp.

Sedative ED=1-32 mg/kg Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)

Sedative 200 mg/kg ipr mus (1% as active as diazepam)

Termitifuge Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

Trichomonicide LD100=600 ug/ml

Tumor-Promoter

Activities (53)

Acaricide C90=<15 ul/l (= <15 ppm)	
Allergenic	
Analgesic	
Anesthetic 0.01-1 ug/ml	
Antiacetylcholinesterase	
Antiallergic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antianaphylactic	
Antibacterial MIC=1,600 ug/ml	
Anticariogenic MIC=1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Anticolic	
Anticonvulsant 200 mg/kg ipr mus	
Antiedemic	
Antiglutamaergic	
Antihistaminic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antiinflammatory	
Antileukemic IC50=3.5-4.2 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
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Antiseptic 5 x phenol	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Antishock	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antispasmodic	Buchbauer, G., Jirovetz*, L., Nikiforov, A., Remberg, G., Raverdino, V. 1989. Headspace-Analysis and Aroma Compounds of Austrian Hay-Blossoms (Flores Graminis, Graminis Flos) used in Aromatherapy. J. Ess. Oil Res., 2: 185-191, 1990.
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Carminative	
Culicide LC50=156-194 mg/l	
Cytotoxic	
Expectorant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Flavor FEMA 2-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Acta Botanica Sinica, 32: 49.
GABA-nergic	
Hypnotic	
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Larvicide LC50=156-194 mg/l	
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Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
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Prooxidant	Charalambous, G. (Ed.). 1994. Spices, Herbs and Edible Fungi. Elsevier Science B. V. Amsterdam. 764 pp.
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Termitifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
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Tumor-Promoter	

MAGNESIUM

Plant

3038.0

9800.0

1.78

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Activities (65)

AntiCFS	
AntiLyme 400-1,000 mg	
AntiMS	
AntiPMS 400-800 mg/day/wmn/orl	
AntiPMS 400-800 mg/day/wmn orl	
AntiRaynaud's 280-350 mg/day	
Antiaggregant 400 mg/day	
Antialcoholic	
Antianginal 400 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antianorectic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antianxiety 400 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiarrhythmic 400 mg/day	
Antiarthritic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiatherosclerotic 400 mg/day	
Anticephalagic	
Anticlimacteric 500-750 mg/day	
Anticonvulsant	Facciola, S. 1998. Cornucopia - A Source Book of Edible Plants. Kampong Publications, Vista CA. 713 pp.
Anticoronary 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidiabetic 400-800 mg/man/day	
Antidysmenorrheic 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidometriotic 500 mg/day	
Antienterotic	
Antiepileptic 450 mg/day	
Antifatigue	
Antifibromyalgic 200-300 mg 3x/day	
Antigastric	
Antiglaucomic	
Antihyperkinetic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihypertensive	
Antihypoglycemic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiinflammatory 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinsomniac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antilithic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimastalgic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimenopausal 500-750 mg/day	
Antimigraine 200 mg/day/man	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antimitral-valve-prolapse	
Antinephrolytic	
Antineurotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiosteoporotic 500-1,000 mg/day/wmn/orl	
Antiplatelet 500-1,000 mg/day	
Antiretinopathic 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antispasmodic	
Antispasmodophilic 500 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antistress 500-750 mg/day	
Antistroke 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antisyndrome-X 400 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Anxiolytic 500-750 mg/day	
CNS-Depressant	Facciola, S. 1998. Cornucopia - A Source Book of Edible Plants. Kampong Publications, Vista CA. 713 pp.
Calcium-Antagonist	
Cardioprotective	
Diuretic	
Hypocholesterolemic 400 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Hypotensive 260-500 mg/day	
Immunomodulator	

Insulinogenic 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
Laxative 300-500 mg/day					
Litholytic					
Myorelaxant 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Neurotransmitter					
Tranquilizer 500-750 mg/day					
Uterorelaxant 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Vasodilator					
MANGANESE	Rhizome	33.0	78.0	-0.32	*

Activities (14)					
AntiPMS					
Antialcoholic	Forest H. Nielsen, USDA, Grand Forks, various publications.				
Antianemic	Martindale's 28th				
Antiarthritic					
Antidiabetic 3-5 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antidiabetic 10-30 mg/man/day					
Antidiscotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antidyskinetic	Martindale's 28th				
Antiepileptic 450 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antiosteoporotic					
Antiototic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antioxidant					
Antisyndrome-X 10-30 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
Hypoglycemic 10-30 mg/man/day					
MANGANESE	Plant	2.5	8.2	-0.64	*

Activities (14)					
AntiPMS					
Antialcoholic	Forest H. Nielsen, USDA, Grand Forks, various publications.				
Antianemic	Martindale's 28th				
Antiarthritic					
Antidiabetic 3-5 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antidiabetic 10-30 mg/man/day					
Antidiscotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antidyskinetic	Martindale's 28th				
Antiepileptic 450 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antiosteoporotic					
Antiototic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antioxidant					
Antisyndrome-X 10-30 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
Hypoglycemic 10-30 mg/man/day					

MONODEMETHOXYCURCUMIN	Root	--	--	*	
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MONODEMETHOXYCURCUMIN	Rhizome	--	--	*	
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MONODESMETHOXYCURCUMIN	Rhizome	--	--		Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.
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NIACIN	Plant	22.0	70.0	-0.09	*
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Activities (39)

Allergenic	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
AntiLyme 50 mg/day	
AntiMeniere's	Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.
AntiRaynaud's 1,500-4,000 mg/day	
Antiacrodynic	
Antiallergic 50 mg/2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antialzheimeran	
Antiamblyopic	
Antianginal	
Anticataract	
Antichilblain	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Anticonvulsant 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidementia	
Antidermatitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidiabetic	
Antidysphagic	
Antiepileptic 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihangover 50 mg	
Antihistaminic 50 mg 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihyperactivity 1.5-6 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinsomnic 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antineuralgic	
Antiparkinsonian 100 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipellagric	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiscotomic	
Antispasmodic 100 mg 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antivertigo	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Circulotonic	
Fibrinolytic	
Hepatoprotective	
Hepatotoxic	
Hypocholesterolemic 50-100 mg 3x/day	
Hypoglycemic	
Hypolipidemic	
Sedative	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Serotonergic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Vasodilator	Martindale's 29th

NICKEL Rhizome -- 3.8 -1.0 *

Activities (3)

Antiadrenalinic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticirrhotic?	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Insulin-Sparing	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

O-COUMARIC-ACID Leaf -- -- *

Activities (4)

Allelopathic	
Antibacterial	Pharmazie, 46: 156, 1991.
Fungicide	Pharmazie, 46: 156, 1991.
Pesticide	

P-COUMARIC-ACID Rhizome -- 345.0 1.0 *

Activities (25)

Aldose-Reductase-Inhibitor 4 ug/ml (weak activity)	Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. Sankyo Kenkyusho Nempo, 43: 99-110.
Allelopathic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antibacterial	Pharmazie, 46: 156, 1991.
Anticlastogen	
Antifertility	
Antihepatotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antileukemic IC50=25-56 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antinitrosaminic	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antioxidant IC24=30 ppm	
Antioxidant 1/3 BHA	
Antiperoxidant IC50=>100 uM	Planta Medica, 57: A54, 1991.
Antiseptic	
Antispasmodic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Antitumor	
Cancer-Preventive	
Chemopreventive	
Choleretic	
Cytotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Diaphoretic?	Lawrence Review of Natural Products, Dec-90.
Fungicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Lipoxygenase-Inhibitor IC11=5 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. J. Agric. Food Chem. 38: 688-690.
Pesticide	
Prostaglandigenic	
Prostaglandin-Synthesis-Inhibitor	
Tyrosinase-Inhibitor ID50=3,650 uM	

P-COUMAROYL-FERULOYL-METHANE Rhizome -- -- Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

Activities (1)

Hepatoprotective Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

P-CYMENE Leaf -- 310.0 -0.14 *

Activities (16)

Analgesic	Martindale's 28th
Antiacetylcholinesterase IC40=1.2 mM	
Antibacillary	
Antibacterial	
Antiflu	
Antirheumatalgic	Martindale's 28th
Antiviral	
FLavor FEMA 12-250	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Herbicide IC50=50 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Laxative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Pesticide	
Sedative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Trichomonicide LD100=50 ug/ml	

P-CYMENE Rhizome 210.0 5184.0 2.0 *

Activities (16)					
Analgesic	Martindale's 28th				
Antiacetylcholinesterase IC40=1.2 mM					
Antibacillary					
Antibacterial					
Antiflu					
Antirheumatalgic	Martindale's 28th				
Antiviral					
FLavor FEMA 12-250	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry				
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.				
Herbicide IC50=50 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.				
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.				
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
Laxative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
Pesticide					
Sedative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
Trichomonicide LD100=50 ug/ml					

P-METHOXY-CINNAMIC-ACID Rhizome -- 360.0 *

Activities (5)					
Antipyretic					
Fungicide					
Hemolytic					
Hypoglycemic	Oriental Materia Medica (three volumes by Dr. Hsu and collaborators)				
Pesticide					

P-TOLYL-METHYLCARBINOL Rhizome 500.0 1750.0 *

Activities (1)					
Cholagogue					

P-TOLYMETHYLCARBINOL Rhizome 500.0 1750.0 *

Activities (1)					
Cholagogue					

PHOSPHORUS Rhizome 640.0 6307.0 1.04 CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses

Activities (4)					
Antiosteoporotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Anxiolytic					
Immunostimulant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Osteogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				

PHOSPHORUS Plant 725.0 2340.0 -0.6 *

Activities (4)					
Antiosteoporotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Anxiolytic					
Immunostimulant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Osteogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				

PHYTOSTEROLS Root -- 820.0 -0.21 Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)

Activities (2)					
Antiprostatic					
Hypocholesterolemic					

POTASSIUM	Rhizome	4870.0	41271.0	3.14	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
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Activities (14)

Angiotensin-Receptor-Blocker	
Antiarrhythmic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antifatigue	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihypertensive	
Antispasmodic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antistroke	
Anxiolytic	
Beta-Blocker	
Cardioprotective 3,000-5,000 mg	
Cardiotoxic 18,000 mg/man/day	
Diuretic	
Hypotensive	
Vasodilator	

POTASSIUM	Plant	5239.0	16900.0	-0.34	*
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Activities (14)

Angiotensin-Receptor-Blocker	
Antiarrhythmic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antifatigue	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihypertensive	
Antispasmodic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antistroke	
Anxiolytic	
Beta-Blocker	
Cardioprotective 3,000-5,000 mg	
Cardiotoxic 18,000 mg/man/day	
Diuretic	
Hypotensive	
Vasodilator	

PROCURCUMENOL	Rhizome	--	0.1		*
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Activities (2)

AntiTNF
Antiinflammatory

PROTEIN	Plant	31000.0	100000.0	-0.6	*
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PROTEIN	Rhizome	12000.0	306000.0	2.0	*
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PROTOCATECHUIC-ACID	Leaf	--	--		*
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Activities (43)

Allergenic	
Alpha-Glucosidase-Inhibitor	
AntiLegionella	
Antiarrhythmic	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 407.
Antiasthmatic	
Antibacterial	Lamikanra, A., Ogundaini, A.O., and Ogungbamila*, F.O. Antibacterial Constituents of Alchornea cordifolia Leaves. Phytotherapy Research 4(5): 198.
Anticlastogen	
Antihepatotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiherpetic	
Antiinflammatory	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiscleremic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antileukemic	
Antimelanogenic ID60=0.5 uM/ml	
Antimutagenic	
Antiaphidic	Economic & Medicinal Plant Research, 5: 363.
Antioxidant 2/3 quercetin	
Antioxidant 10 x alpha-tocopherol	
Antioxidant 1/2 BHT	
Antiperoxidant IC50=>100 uM	Planta Medica, 57: A54, 1991.
Antiperoxidant IC75=200 ug/ml	
Antiradicular	
Antiseptic	
Antispasmodic EC50=4.6-17 uM	Ortiz de Urbina, J.J., Martin, M.L., Sevilla, M.A., Montero, M.J., Carron, R., and San Roman, L. Antispasmodic Activity on Rat Smooth Muscle of Polyphenol Compounds Caffeic and Protocatechic Acids. Phytotherapy Research 4(2): 73, 1990.
Antitumor (Colon)	
Antitumor (Mouth)	
Antitumor (Skin)	
Antitussive	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 200.
Antiviral	
Apoptotic	
Carcinogenic	
Cardioprotective	
Chemopreventive 100 ppm orl rat	
Fungicide 500 ug/ml	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Glutathione- Depleting	
Hepatotoxic	
Immunostimulant	Economic & Medicinal Plant Research, 1: 124.
Nephrotoxic	
Pesticide	
Phagocytotic	Economic & Medicinal Plant Research, 1: 124.
Prostaglandigenic	
Secretagogue	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Tyrosinase-Inhibitor ID60=0.5 uM/ml	
Ubiquit	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

QUERCETIN

Rhizome

90.0

95.0

-1.0

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Activities (176)

11B-HSD-Inhibitor	
5-Lipoxygenase-Inhibitor IC50 (uM)=4	
ATPase-Inhibitor	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Aldehyde-Oxidase- Inhibitor IC70-96=10 uM	
Aldose-Reductase- Inhibitor 100 uM	
Aldose-Reductase- Inhibitor 4 ug/ml	Ichikawa, K., et al. 1991. Isolation and Structure Determination of Aldose Reductase Inhibitors from Traditional Thai Medicine, and Syntheses of Their Derivatives. Sankyo Kenkyusho Nempo, 43: 99-110.

Aldose-Reductase-Inhibitor IC50=0.84 ug/ml cow	Okada,Y,et al.1995.Search for Naturally Occurring Substances to Prevent the Complications of Diabetes.II.Inhibitory Effect of Coumarin and Flavonoid Derivatives on Bovine Lens Aldose Reductase and Rabbit Platelet Aggregation.Chem Pharm Bull43(8):1385-1387
Aldose-Reductase-Inhibitor IC50=0.344 uM	Mao, X. M., Zhang, J. Q. 1993. Inhibition of Aldose Reductase by Extracts of Chinese Herbal Medicine. Zhongguo Zhongyao Zazhi , 18(10): 623-624.
Allelochemic IC82=1 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Allergenic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Analgesic	
AntiCrohn's 400 mg/man/3x/day	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
AntiGTF ID50=120 ug/ml	
AntiHIV	
AntiPMS 500 mg/2x/day/wmn	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiaflatoxin IC50=25 uM	
Antiaflatoxin IC50=7.5 ppm	
Antiaggregant IC50=55 uM	Economic & Medicinal Plant Research, 5: 333.
Antiaggregant 30 uM	
Antiaging	
Antiallergic IC50=14 uM	Jim Duke's personal files.
Antialzheimeran	
Antianaphylactic	Meli, R., Autore, G., Di Carlo, G., Capasso, F. Inhibitory Action of Quercetin on Intestinal Transit in Mice. Phytotherapy Research 4(5): 201, 1990.
Antiangiogenic	
Antiarthritic	
Antiasthmatic IC50=14 uM	
Antiatherosclerotic	
Antibacterial	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Anticarcinomic (Breast) IC50=1.5 uM	Medline (post 1990 searches filed in my computer)
Anticarcinogenic ID50=120 ug/ml	
Anticataract	
Anticolitic 400 mg/man/3x/day	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticomplementary	
Anticystitic 1.000 mg/day/4 weeks	
Antidepressant	
Antidermatitic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antidiabetic	
Antielastase IC50=0.8 ug/ml	
Antiencephalitic	Economic & Medicinal Plant Research, 5: 199.
Antiescherichic	
Antiestrogenic	
Antifeedant IC52=<1,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Antifibrosarcomic	
Antiflu	Vlietinck, A.J. and Dommissie, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.
Antigastric	Rastitel'nye Resursy, 21: 85.
Antigonadotropic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antihepatotoxic	Joyeux, M., Rolland, A., Fleurentin, J., Mottier, F., and Dorfman, P. 1989. Tert-Butyl Hydroperoxide-Induced Injury in Isolated Rat Hepatocytes: A Model for Studying Anti-Hepatotoxic Crude Drugs. Planta Medica 56(2): 171-173, 1990.
Antihypertic 48-150 ug/ml	
Antihistaminic IC50=<10 uM	
Antihydrophobic	Vlietinck, A.J. and Dommissie, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.
Antihypertensive	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antiinflammatory 20-150 mg/kg	Fitoterapia No.5-1990.
Antileishmanic IC50=64	
Antileukemic IC50=10 uM	Economic & Medicinal Plant Research, 5: 225.
Antileukemic IC50=>10 ug/ml	Life Sciences 55: 1061.
Antileukemic 5.5-60 uM	
Antileukotriene	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antilipoperoxidant IC67=50	

Antimalarial IC50=1-6.4 ug/ml	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.
Antimelanomic	
Antimetastatic	
Antimutagenic ID50=2-5 nM	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.
Antimutagenic ID50=0.62 ug/ml	
Antimyocarditic	Economic & Medicinal Plant Research, 5: 199.
Antinitrosaminic	
Antinociceptive	
Antioxidant IC96=300 ppm	Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention. Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.
Antioxidant ED50=2.3 uM	Seidel, V., Verholle, M., Malard, Y., Tilleguin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. Phenylpropanoids from <i>Ballota nigra</i> L. Inhibit in vitro LDL Peroxidation. <i>Phytotherapy Research</i> , 14(2): 93-98.
Antioxidant 4.7 x Vit. E	
Antioxidant IC47=10 uM	
Antipancreatic	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY.
Antiperiodontal	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiperistaltic	
Antipermeability	
Antiperoxidant	<i>Planta Medica</i> , 57: A110, 1991.
Antipharyngitic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiplateau	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiplasmodial IC50=13-64	
Antipodriac	
Antipolio	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiproliferant 10 nM	
Antiprostanoïd	
Antiprostatic	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY.
Antipsoriac	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiradicular IC50=4.6 uM	<i>Planta Medica</i> , 56(6): 695, 1990.
Antispasmodic	
Antistreptococcic ID50=120 ug/ml	
Antithiamin	Phenolic Compounds in Food and Their Effects on Health, 69.
Antithrombic	
Antitrypanosomic IC50=13	
Antitumor 10 uM	
Antitumor (Bladder)	
Antitumor (Breast)	
Antitumor (Colon)	
Antitumor (Lung)	
Antitumor (Ovary)	
Antitumor (Skin) 20 uM	
Antitumor-Promoter	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiulcer	
Antiviral IC50=10 uM	Economic & Medicinal Plant Research, 5: 225.
Antiviral 48-150 ug/ml	Amoros, M., Simoes, C.M.O., Girre, L., et al. Synergistic Effect Of Flavones And Flavonols Against Herpes Simplex Virus Type 1 In Cell Culture. Comparison With The Antiviral Activity Of Propolis. <i>J. of Natural Products</i> 55(12):1732-1740, 1992.
Apoptotic 20-60 uM	
Bacteristat 10 mg/ml	
Bradycardiac	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
COMT-Inhibitor	
COX-2-Inhibitor <40 uM	
Calmodulin-Antagonist	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	
Capillariprotective	Merck 11th Edition
Carcinogenic 40,000 ppm (diët) mus	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.
Catabolic	
Copper-Chelator	
Cyclooxygenase-Inhibitor	
Cytochrome-P450-1A2-Inhibitor	
Cytotoxic ED50=70 ug/ml	Matsukawa, Y., et al. The Effect of Quercetin and Other Flavonoids on Cell Cycle Progresssion and Growth of Human Gastric Cancer Cells. <i>Planta Medica</i> , 56(6): 677, 1990.
Cytotoxic IC82=100 ug/ml	<i>Planta Medica</i> , 57: A113, 1991.

Deiodinase-Inhibitor	Jim Duke's personal files.
Diaphoretic?	Lawrence Review of Natural Products, Dec-90.
Differentiator 5.5 uM	
Estrogenic 10% genistein	
Fungicide	
Glucosyl-Transferase-Inhibitor ID50=120 ug/ml	
HIV-RT-Inhibitor IC50=<1 ug/ml	Nakane, H., Fukushima, M., and Ono*, K. Differential Inhibition Of Reverse Transcriptase And Various DNA Polymerases By Digallic Acid And Its Derivatives. <i>Journal of Natural Products</i> , 53(5): 1234-1240, 1990.
Hemostat	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Hepatomagenic 5,000 ppm (diet) rat	Phenolic Compounds in Food and Their Effects on Health. <i>Antioxidants & Cancer Prevention</i> . Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.
Hepatoprotective	
Hypoglycemic 100 mg/kg orl rat	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. <i>Journal of Ethnopharmacology</i> , 27: 243-275, 1989.
Inotropic	
Insulinogenic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Juvabional	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Larvostat 8,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Lipoxygenase-Inhibitor IC11=1.25 mM	Oszmianski, J. and Lee, C.Y. 1990. Inhibitory Effect of Phenolics on Carotene Bleaching in Vegetables. <i>J. Agric. Food Chem.</i> 38: 688-690.
Lipoxygenase-Inhibitor IC50=0.1-5 uM	
MAO-A-Inhibitor	
MMP-9-Inhibitor 20 uM	
Mast-Cell-Stabilizer	
Metal-Chelator (Copper)	Seidel, V., Verholle, M., Malard, Y., Tilleguin, F., Fruchart, J-C., Duriez, P., Bailleul, F., Teissier, E. 2000. Phenylpropanoids from <i>Ballota nigra</i> L. Inhibit in vitro LDL Peroxidation. <i>Phytotherapy Research</i> , 14(2): 93-98.
Metalloproteinase-Inhibitor IC50=>42 uM	
Mutagenic	
NADH-Oxidase-Inhibitor	
NEP-Inhibitor IC50=>42 uM	
NF-kB-Inhibitor	
NO-Inhibitor IC>50=125 uM	
NO-Inhibitor IC50=20 uM	
NO-Synthase-Inhibitor 5-50 uM	
Neuroprotective 5-25 uM	
Ornithine-Decarboxylase-Inhibitor <10 uM	
P450-Inducer 5 uM	Father Nature's Farmacy: The aggregate of all these three-letter citations.
P450-Inhibitor 50-100 uM	Father Nature's Farmacy: The aggregate of all these three-letter citations.
PGE2-Inhibitor	
PTK-Inhibitor 0.4-24 uM	
Pesticide	
Phospholipase-Inhibitor	
Plasmodicide	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Proliferant	
Prostaglandin-Synthesis-Inhibitor 40 ug/ml	Ibewuiké, J. C., Ogunbamila, F. O., Ogundaini, A. O., Okeke, I. N., Bohlin, L. 1997. Antiinflammatory and Antibacterial Activities of C-methylflavonol from <i>Piliostigma thonningii</i> . <i>Phytotherapy Research</i> , 11(4): 281-284.
Protein-Kinase-C-Inhibitor	Naim, M., Zehavi, U., Nagy, S., and Rouseff, R.L. Hydroxycinnamic Acids as Off-Flavor Precursors in Citrus Fruits and Their Products. <i>Phenolic Compounds in Food and Their Effects on Health</i> , Ch.14.
Quinone-Reductase-Inducer 6 uM	Uda, Y., Price, K. R., Williamson, G., Rhodes, M. J. C. 1997. Induction of the Anticarcinogenic Marker Enzyme, Quinone Reductase, in Murine Hepatoma Cells In Vitro by Flavonoids. <i>Cancer Lett.</i> , 120 (2): 213-216.
Quinone-Reductase-Inducer 13 uM	
TNF-alpha-Inhibitor IC50=3.11 uM	
Teratologic	
Topoisomerase-I-Inhibitor IC50=12.8 ug/ml	
Topoisomerase-I-Inhibitor IC50=42 uM	
Topoisomerase-II-Inhibitor IC50=1-6.9 ug/ml	
Topoisomerase-II-Inhibitor IC50=23-40 uM	
Tumorigenic 0.1% diet orl rat/yr	Jim Duke's personal files.
Tyrosinase-Inhibitor ID50=70 uM	
Tyrosine-Kinase-Inhibitor	<i>Economic & Medicinal Plant Research</i> , 6: 170.
VEGF-Inhibitor	

Vasodilator					
Xanthine-Oxidase-Inhibitor IC50=>0.4 ug/ml	Chem. & Pharm. Bull. 38: 1772.				
Xanthine-Oxidase-Inhibitor IC50=10.6 ug/ml					
Xanthine-Oxidase-Inhibitor 3.1 uM					
cAMP-Phosphodiesterase-Inhibitor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
iNOS-Inhibitor IC50=20 uM					

RESIN	Rhizome	--	--		Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.
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RIBOFLAVIN	Rhizome	--	12.0	1.62	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
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Activities (15)

AntiLyme 50 mg/day	
Antiarabiflavinotic 2-10 mg/day orl	Martindale's 28th
Anticarpal-Tunnel 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticataract 15 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticephalagic	
Anticervicaldysplasic 1.6-10 mg/day	
Anticheilitic	
Antidecubitic	
Antiglossitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antikeratitic	
Antimigraine	
Antioxidant	
Antipellagic	
Antiphotophobic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

RIBOFLAVIN	Plant	--	--		*
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Activities (15)

AntiLyme 50 mg/day	
Antiarabiflavinotic 2-10 mg/day orl	Martindale's 28th
Anticarpal-Tunnel 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticataract 15 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticephalagic	
Anticervicaldysplasic 1.6-10 mg/day	
Anticheilitic	
Antidecubitic	
Antiglossitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antikeratitic	
Antimigraine	
Antioxidant	
Antipellagic	
Antiphotophobic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

SALICYLATES	Root	--	765.0	1.89	*
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Activities (7)

Antiaggregant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Antiinflammatory	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Antipyretic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Antiuricosuric	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Hyperglycemic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Hypoglycemic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Uricosuric	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.

SATURATED-FATTY-ACIDS	Rhizome	--	--	*
SELENIUM	Plant	0.5	1.6	-0.36 *

Activities (60)

AP-1-Inhibitor 2-50 uM	
Analgesic 200 ug/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anorexic	Cooper-Driver, G. A., Chemical substances in plants toxic to animals, pp. 213-47 in Rechcigl, M., Jr., ed. CRC Handbook of Naturally Occurring Food Toxicants, CRC Press, Boca Raton, 1983, 339 pp.
AntiHIV	
AntiNF-kB	
Antiacne 200 ug/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiaggregant	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiangiogenic 2 uM	
Antiangiogenic 230 ug/kg orl rat	
Antiarthritic	
Antiasthmatic	
Antiatherosclerotic	
Anticataract 400 ug/day	
Anticirrhotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticlimacteric 200 ug/day	
Anticoronary 200 ug/day	
Antidandruff	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidepressant 200 ug/day	
Antidote (Mercury)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antifibrotic 400 ug	
Antigout 200 ug	
Antikeshan	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antileukemic 1.6 mg/kg ipr mus	
Antileukotriene	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimaclitic	
Antimelanomic 480 ug/kg	
Antimenopausal 200 ug/day	
Antimetastatic 480 ug/kg	
Antimyalgic 200 ug/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiosteoarthritic	
Antioxidant 100-200 (-400) ug/man/day	
Antiparkinsonian 200-400 ug/day	
Antiproliferant 2 uM	
Antiradicular 100-200 (-400) ug/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antirheumatic	
Antisyndrome-X 100-200 (-400) ug/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitumor 100-200 (-400) ug/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitumor (Breast) 333.6 ug/day	
Antitumor (Breast) 0.8 mg/kg scu mus	
Antitumor (Breast) 150 ug/kg diet rat	
Antitumor (Breast) 230 ug/kg orl rat	
Antitumor (Lung) 240 ug/kg diet	
Antitumor (Prostate)	
Antitumor (brain) 38-150 ug/kg	
Antiulcerogenic	Rafatullah, S., Tariq, M., Al-Yahya, M.A., Mossa, J.S., and Ageel, A.M. 1989. Evaluation of Turmeric (<i>Curcuma longa</i>) for Gastric and Duodenal Antiulcer Activity in Rats. <i>J. of Ethnopharmacology</i> , 29: 25-34, 1990.
Anxiolytic	
Apoptotic	
Cancer-Preventive	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Cardioprotective 200 ug/day	
Depressant	Cooper-Driver, G. A., Chemical substances in plants toxic to animals, pp. 213-47 in Rechcigl, M., Jr., ed. CRC Handbook of Naturally Occurring Food Toxicants, CRC Press, Boca Raton, 1983, 339 pp.
Fungicide	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Immunomodulator	
Immunostimulant 100-200 (-400) ug/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
NF-kB-Inhibitor	

Ornithine-Decarboxylase-Inhibitor						
Pesticide						
Polyamine-Synthesis-Inhibitor						
Prostaglandin-Sparer						Fujita, T., Nakatani, E., Funaishi, N., Sakuma, S., Fujimoto, Y. Potent inhibition of prostaglandin inactivation in rabbit gastric antral mucosal slices by selenium ions in-vitro. J. Pharm. Pharmacol. 42: 655-657, 1990.
Protein-Kinase-C-Inhibitor IC50=2-50 uM						
VEGF-Inhibitor						
SILICON	Plant	6.0	20.0	-0.43	*	
Activities (4)						
Antiarteriosclerotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
Antionychyotic						
Antiosteoporotic						
Cardioprotective						
SODIUM	Rhizome	30.0	4290.0	4.31		CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Activities (1)						
Hypertensive	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
SODIUM	Plant	462.0	1490.0	-0.22	*	
Activities (1)						
Hypertensive	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.					
SODIUM-CURCUMATE	Plant	--	--		*	
Activities (1)						
Antiinflammatory >Phenylbutazone						
STARCH	Rhizome	300000.0	550000.0	0.73	*	
Activities (5)						
Absorbent	Martindale's 29th					
Antidote (Iodine)	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.					
Antinesidioblastotic	Martindale's 29th					
Emollient	Martindale's 29th					
Poultice	Martindale's 29th					
STIGMASTEROL	Rhizome	--	--		*	
Activities (12)						
Antihepatotoxic						
Antiinflammatory	Lawrence Review of Natural Products, 1995					
Antinociceptive						
Antiophidic 2.3 mg ipr mus	Economic & Medicinal Plant Research, 5: 363.					
Antioxidant IC33=10 uM						
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in Artemisia annua. Plant Science, 75: 161-165, 1991.					
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, c., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of Melodorum fruticosum. Phytochemistry. 29(5): 1667-1670. 1990.					
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.					
Estrogenic						
Hypocholesterolemic	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.					
Ovulant						
Sedative						
STIGMASTEROL	Root	--	220.0	0.44		Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)

Activities (12)

Antihepatotoxic

Antiinflammatory Lawrence Review of Natural Products, 1995

Antinociceptive

Antiphidic 2.3 mg ipr mus Economic & Medicinal Plant Research, 5: 363.

Antioxidant IC33=10 uM

Antiviral Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in Artemisia annua. Plant Science, 75: 161-165, 1991.

Artemicide LC50=110 ppm Jung, J.H., Pummangura, S., Chaichantipyuth, c., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of Melodorum fruticosum. Phytochemistry. 29(5): 1667-1670. 1990.

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Estrogenic

Hypocholesterolemic Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.

Ovulant

Sedative

SUGARS Plant 108500.0 400000.0 2.56 *

SYRINGIC-ACID Leaf -- -- *

Activities (6)

Allelopathic

Antioxidant IC39=30 ppm

Antioxidant 1/3 BHA

Antiperoxidant IC10-70=100-200 ug/ml

Antiradicular EC50=5.5-8 ug/ml

Ubiquit Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

TERPINENE Rhizome -- 27200.0 *
Essent. Oil

TERPINENE Essential Oil -- 27200.0 *

TERPINENE Rhizome -- -- *

TERPINENE Tuber -- -- *

TERPINEOL Essential Oil -- 500.0 -1.0 *

Activities (18)

Analgesic 10-100 ug/ml

Anesthetic 10-100 ug/ml

Antiallergenic

Antiasthmatic

Antibacterial

Anticancer Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.

Antiproliferant Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.

Antiseptic Merck 11th Edition

Antispasmodic

Antitussive

Cholagogue

Culicide LC50=156-194 mg/l

Expectorant

Insecticide LC50=156-194 mg/l

Insectifuge Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

Larvicide LC50=156-194 mg/l

Perfumery Merck 11th Edition

Pesticide

TERPINEOL Rhizome -- 500.0 *
Essent. Oil

Activities (31)				
Analgesic 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
AntiLyme 50 mg				
Antialcoholic 50-100 mg/day				
Antialzheimeran 100-3,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Antianorectic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Antibackache 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Antiberiberi				
Anticanker				
Anticardiospasmic				
Anticataract				
Anticolitic				
Antidecubitic				
Antideliriant				
Antidementia				
Antidyspeptic				
Antiencephalopathic	Martindale's 29th			
Antifatigue	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Antigastritic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Antihangover 50 mg				
Antiheartburn				
Antiherpetic				
Antimigraine				
Antimyocarditic				
Antineuralgic 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Antineurasthenic				
Antineuritic				
Antineuropathic 50 mg	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.			
Antipoliomyelitic				
Insectifuge 75-150 mg/man/day	Martindale's 28th			
Neuroprotective				
Pesticide				

THIAMINE	Plant	--	--	*
TOLYL-METHYLCARBINOL	Rhizome	--	--	*
TRIETHYLCURCUMIN	Plant	--	--	*

Activities (1)				
Antiinflammatory				

TURMERIN	Rhizome	--	1000.0	*
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Activities (3)				
Antimutagenic				
Antioxidant				
DNA-Protective				

TURMERONE	Rhizome	1800.0	43200.0	*
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Activities (4)				
Choleretic				
Hepatotonic				
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.			
Pesticide				

TURMERONE	Rhizome Essent. Oil	--	240700.0	*
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Activities (4)				
Choleretic				
Hepatotonic				
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.			
Pesticide				
TURMERONE	Root	--	--	*
Activities (4)				
Choleretic				
Hepatotonic				
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.			
Pesticide				
TURMERONOL-A	Rhizome	--	282.0	*
Activities (1)				
Antioxidant IC50=16 uM				
TURMERONOL-B	Rhizome	--	193.0	*
Activities (1)				
Antioxidant IC50=9 uM				
UKONAN-A	Rhizome	33.0	6600.0	*
Activities (3)				
Immunostimulant				
Phagocytotic 5 mg/kg ip				
RES-Activator				
UKONAN-B	Rhizome	--	47.0	*
Activities (2)				
Phagocytotic 5 mg/kg				
RES-Activator				
UKONAN-C	Rhizome	52.0	315.0	*
UKONAN-D	Rhizome	--	41.0	*
UNSATURATED-FATTY-ACIDS	Rhizome	--	--	*
VANILLIC-ACID	Leaf	--	--	*

Activities (24)

Aldose-Reductase-Inhibitor 100 uM/l	
Allelopathic	
Anthelmintic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antibacterial 1.5-15 mg/ml	Recio, M. C., Rios, J. L., and Villar, A., A review of some antimicrobial compounds isolated from medicinal plants reported in the literature 1978-1988, Phytotherapy Research, 3(4), 1989, 117-125.
Anticancer	
Antifatigue	
Antiinflammatory	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antileukemic IC50=25-56 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antioxidant IC21=30 ppm	
Antioxidant 1/3 BHA	
Antiperoxidant IC15-65=100-200 ug/ml	
Antiradicular 7 x quercetin	
Antiseptic	
Antisickling	Planta Medica, 56(6): 681, 1990.
Antitumor	
Antitumor-Promoter	
Ascaricide	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Choleretic	
Fungicide	
Immunosuppressant	
Laxative	=ICMR(Indian Council of Medical Research).1976.Medicinal Plants of India.Vol.1.Indian Council of Med. Res.Cambridge Printing Works, New Delhi.487 pp;ICMR.1987.Medicinal Plants of India.Vol.2.Indian Council of Med. Res.Cambr. Printing Works,New Delhi.600pp
Pesticide	
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

WATER	Plant	--	690000.0	-0.35	*
WATER	Rhizome	--	133000.0	-1.11	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
ZEDOARONDIOL	Rhizome	--	35.0		*
ZINC	Plant	0.5	1.5	-0.5	*

Activities (77)

ACE-Inhibitor	
Analgesic	
AntiBPH 25-60 mg/day	
AntiCrohn's	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
AntiHIV	
Antiacne 135 mg/day	
Antiacrodermatitic 8-34 mg/day/orl/chd	Martindale's 29th
Antialcoholic	
Antialopepic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antialzheimeran 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiangiogenic	
Antianorexic	Martindale's 29th
Antiarthritic 50 mg/3x/day/orl/man	
Anticanker 100 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticataract 30 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticoeliac	Martindale's 28th
Anticold 50 mg	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticolitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticoronary 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidandruff	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidementia	
Antidiabetic 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidote (Cadmium)	Let's Live, May 1989.
Antidysgeuzic	

Antieczemic 150 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiencephalopathic	Martindale's 29th
Antiepileptic 100 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antifibrotic 30 mg	
Antifuruncular 45 mg/3x/day/man	Martindale's 28th
Antihangover 15 mg	
Antiherpetic? 25-60 mg/day	
Antiimpotence	Martindale's 29th
Antiinfective 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinfertility 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinsomniac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antileptic	Martindale's 29th
Antileukonychic	
Antilymphomic	
Antimaculitic	
Antimetastatic	
Antineuropathic	
Antinyctalopic	
Antiobesity 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiosteoporotic	
Antiperiodontitic	
Antiplaque	Martindale's 29th
Antiprolactin	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiprostatic 50 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antirheumatic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiseptic 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antispare-Tire 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antistomatitic 50 mg/man/3x/day	Martindale's 28th
Antisyndrome-X 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitinnitic 60-120 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antitriglyceride 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiulcer 50 mg/3x/day/man	Martindale's 28th
Antiulcer 88 mg/rat/day/15 days	
Antiviral?	Martindale's 29th
Astringent	Martindale's 28th
Collagenic	
Copper-Antagonist	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Deodorant	Martindale's 29th
Detoxicant (Alcohol)	
Ergogenic	
Hypotensive 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Immunomodulator	
Immunostimulant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Immunosuppressant 300 mg/day/6 wks/orl/man	Martindale's 29th
Insulinogenic 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Leptingenic 30-60 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Mucogenic	Li, K.M. Effect of zinc sulphate on acetic acid-induced gastric ulceration in rats. J. Pharm. Pharmacol. 42: 657-659, 1990.
NF-kB-Inhibitor	
Pesticide	
Spermigenic 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Testosteronigenic 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Trichomonicide	Martindale's 29th
Vulnerary	Martindale's 28th

ZINC Rhizome -- 22.0 -0.37 *

Activities (77)

ACE-Inhibitor

Analgesic

AntiBPH 25-60 mg/day

AntiCrohn's	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
AntiHIV	
Antiacne 135 mg/day	
Antiacrodermatitic 8-34 mg/day/orl/chd	Martindale's 29th
Antialcoholic	
Antialopepic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antialzheimeran 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiangiogenic	
Antianorexic	Martindale's 29th
Antiarthritic 50 mg/3x/day/orl/man	
Anticanker 100 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticataract 30 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticoeliac	Martindale's 28th
Anticold 50 mg	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticolitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticoronary 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidandruff	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidementia	
Antidiabetic 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidote (Cadmium)	Let's Live, May 1989.
Antidysgeuzic	
Antieczemic 150 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiencephalopathic	Martindale's 29th
Antiepileptic 100 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antifibrotic 30 mg	
Antifuruncular 45 mg/3x/day/man	Martindale's 28th
Antihangover 15 mg	
Antiherpetic? 25-60 mg/day	
Antiimpotence	Martindale's 29th
Antiinfective 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinfertility 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinsomniac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antileptic	Martindale's 29th
Antileukonychic	
Antilymphomic	
Antimaculitic	
Antimetastatic	
Antineuropathic	
Antinyctalopic	
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Antiosteoporotic	
Antiperiodontitic	
Antiplaque	Martindale's 29th
Antiprolactin	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiprostatic 50 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antirheumatic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiseptic 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antispare-Tire 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antistomatitic 50 mg/man/3x/day	Martindale's 28th
Antisyndrome-X 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitinnitic 60-120 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antitriglyceride 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiulcer 50 mg/3x/day/man	Martindale's 28th
Antiulcer 88 mg/rat/day/15 days	
Antiviral?	Martindale's 29th
Astringent	Martindale's 28th
Collagenic	
Copper-Antagonist	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Deodorant	Martindale's 29th
Detoxicant (Alcohol)	

Ergogenic					
Hypotensive 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
Immunomodulator					
Immunostimulant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Immunosuppressant 300 mg/day/6 wks/orl/man	Martindale's 29th				
Insulinogenic 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
Leptinogenic 30-60 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
Mucogenic	Li, K.M. Effect of zinc sulphate on acetic acid-induced gastric ulceration in rats. J. Pharm. Pharmacol. 42: 657-659, 1990.				
NF-kB-Inhibitor					
Pesticide					
Spermigenic 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Testosteronogenic 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Trichomonicide	Martindale's 29th				
Vulnerary	Martindale's 28th				

ZINGIBERENE Rhizome 750.0 18000.0 1.0 *

Activities (6)

Antirhinoviral	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livinston, Edinburgh.
Antiulcer IC54=100 mg/kg	
Carminative	
Insecticide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	

ZINGIBERENE Root -- -- *

Activities (6)

Antirhinoviral	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livinston, Edinburgh.
Antiulcer IC54=100 mg/kg	
Carminative	
Insecticide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	

ZINGIBERENE Rhizome -- 81400.0 *
Essent. Oil

Activities (6)

Antirhinoviral	Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livinston, Edinburgh.
Antiulcer IC54=100 mg/kg	
Carminative	
Insecticide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	